

KELLY BROOK!



DANICA!

100 BIG BOOBED BABES!

New Call Of Duty maps!



Nuts

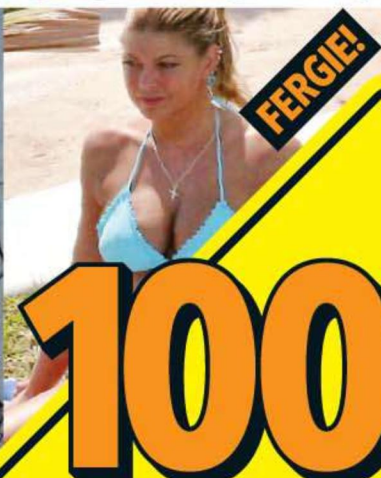
£1.80 Sp €3.10/Gr €3.60

28 Jan - 3 Feb 2010

BRITAIN'S BIGGEST SELLING MEN'S WEEKLY!



INDIA!



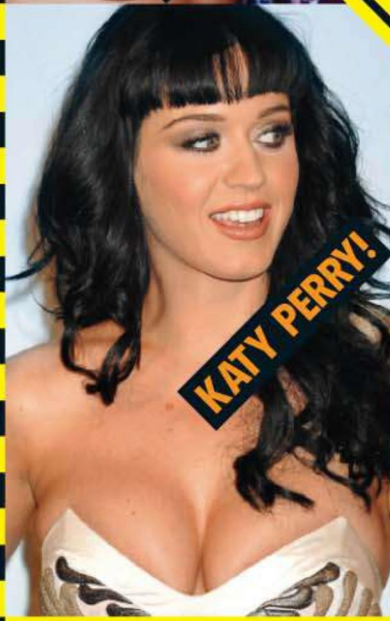
FERGIE!

100 BIG BOOBED BABES!

A ton of top heavy totty!



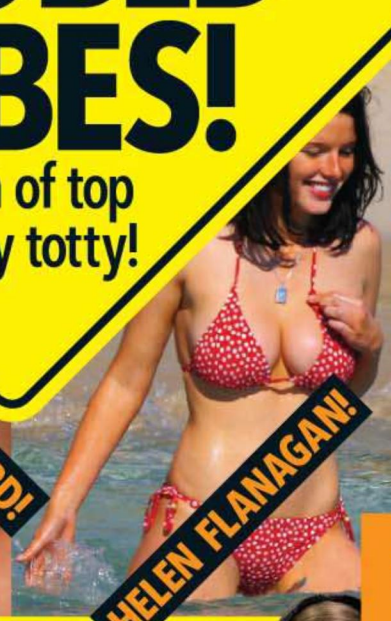
ROSIE!



KATY PERRY!



CRIQUEY!



HELEN FLANAGAN!



KELLY HALL!



Plus! War pics special!



New 170mph Supercar!



Alan Partridge new gags!



THIS WEEK

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IN THE Nuts OFFICE!



We struggle to master our Eight Ball Bigfoot Electric Skateboard

Our workie Eilish kicks off a new lookalike game

Nuts NEWS

BOUNCING BACK, EVERY WEEK!

Nuts EXCLUSIVE!

Partridge is back – again!

His new *Mid Morning Matters* webisodes are screening soon – and we've seen 'em!

It's not South, it's not Suffolk, and it's not analogue... so it must be North Norfolk Digital! Yes, our favourite DJ is back in the booth and back on the web with six new episodes! The series starts on 4 Feb and is likely to be the last new stuff from Alan until the film. So visit fostersfunny.co.uk every Friday at 11am for brilliant lines like these!

"In case you're wondering if Eddie Shepherd has had his adenoids removed or has finally cut down on the fags, neither is true – you're listening to Alan Partridge, and Eddie's adenoids continue to block the vast majority of his nasal passages and he continues to smoke like a gangster in a 1940s film. Who even the other gangsters think, you know, smokes to excess, and tell him so."

"Today's phone-in subject is: how many disabled parking bays are too many? Please keep those texts coming in on that."

"Coming up soon is Tuesday chat, our weekly celebrity interview, but first, 'What's Alan firing his friend's air rifle into?'"

"Today's interview is Partridge/Partridge. It's me talking to myself. Not like the man at the park, who stands by the pond. Yeah, it's quite sad, actually. He used to run the cycle shop but then it went bust. Now he seeks solace in cider and swans."

"I see they've opened the Norfolk Broads to wheelchair users. It might seem like a good thing, but how many people in wheelchairs do you actually know who want to go on the Norfolk Broads? I'd suggest it's 0.00000000001 per cent."

"We've all got our favourite gland. Mine happens to be the mammary"

"Alan, what would you say has been your greatest achievement?"

"I think quite consistent resistance to dumbing down? I think if anything, I've tried to dumb up."

"Welcome back, time again for our daily instalment of radio Battleships, a game of tactic and nerve against Russian station Moda FM. We're joined as always by Andriy."

"Good day to you."

"OK, are you ready?"

"Ready."

"B4."

"Miss."

"OK, join us the same time tomorrow for more of Andriy on *Mid Morning Matters*."

"The answer to 'What's Alan firing his friend's air rifle into?' is: a beef tomato."

"Good evening, morning, afternoon, who cares? Who gives a flying monkey because today we're talking about things you don't see any more. Already, we have capes, tinned meat, Horlicks, sparrows, Hula Hoops (the crisps, not the toy), hula hoops (the toy, not the crisp), swimming pools with deep ends and asbestos!

We'll be asking should we bring all or some of them back, so do please text, Twitter, spam, fax, page, write and/or email."

"Now, a song from Michael Jackson in happier times. Before it was a mauling from Martin Bashir that led ultimately and directly to his death. And Diana's!"

"Abu Hamza would make a great pantomime baddie, I always think. 'Where's Abu Hamza, the boss-eyed Muslim cleric with a hook for a hand who incites racial hatred?' 'He's behind you!'"



"Must. Not.
Punch. Myself!"

Armando Iannucci speaks!

The *Partridge* co-writer tells *Nuts* some secrets!



Hi Armando!
What's the latest on the *Partridge* film? We're in the process of

writing it. Nothing has been commissioned, but we've worked out the story and Steve's in America working on the script with [co-writer] Peter Baynham. We want to feel happy with the script before we go ahead. **Why did you decide to bring Alan back on the internet rather than on the BBC?** Steve and I are always speculating as to what Alan might be up to now, but we haven't taken it any further. This idea came from Foster's and we just thought, "Why not?" It's good to try something out in a new format.

Do you ever think that something good might happen to Alan? I feel like he's kind of in his element. As far as he's concerned, North Norfolk Digital is cutting edge. I can't give you too many secrets, that might spoil the film!

Will characters like Lynn be back? In one of the episodes in this series, there's a phone call to Lynn so yes. They'll never really be apart. I don't think he could get by without her!

What's your favourite *Partridge* moment? When he walks back from the service station with 12 bottles of windscreen washer fluid singing the *Goldfinger* theme!

What's your favourite ever line? When he says to a caller, "What are you wearing?" and they just reply, "I'm naked!"

RADIO STAR!

"I'm not a member of a gym, although I do work out. I use two carrier bags filled with tins of value beans!"

IT'S WAR!

Discovery

Based in an abandoned Second World War German Antarctic research station, this is a large level, and the focus will be on a single chasm that divides the map, which means controlling the bridges across will be key.

All-new Call Of Duty maps!

New content to download incoming!

Kowloon

Set in the neon-lit Chinese city featured in the game's run-and-gun level, this has lots of sight lines for snipers, plus zip-lines – great for getting across the level quickly, but a risky manoeuvre as you're exposed and can't shoot.

Some of the more geeky Call Of Duty fans would have played through the campaign within two hours, then ranked up to level 50 online by the end of the day.

In the real world, February seems a good time for new Black Ops content. And Activision agree, launching their First Strike download pack!

It's a package of five new maps: four standard arenas and one zombie-popping challenge. Called Kowloon, Discovery, Berlin Wall and Stadium (with the zombie map called Ascension), this will breathe life into your COD online activity.

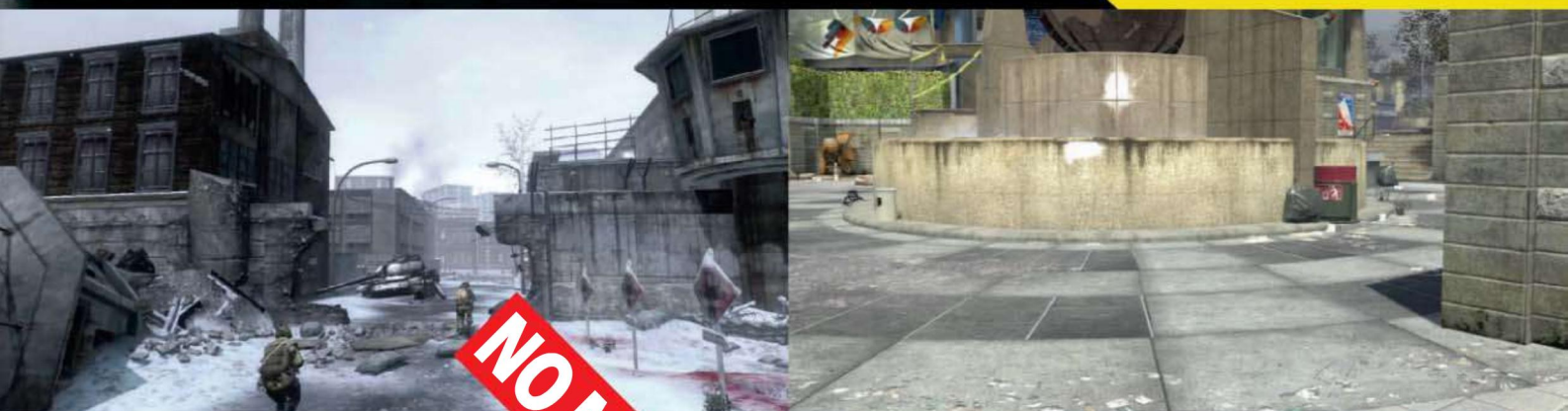
They drop on 1 February for 1,200 Microsoft points (about £8) but sorry, PS3 owners, it's an Xbox exclusive for now.

WORDS: RORY BUCKERIDGE



Stadium

Your classic, up-close, twitchy map with players corralled into tight corners and sudden turns, and with short-range targets. Sniper rifles: useless. Reactions of a cat: handy. May we suggest a nice shotgun here?



Berlin Wall

Set on either side of the Berlin Wall, this is an interesting map in that you can gain a tactical advantage by nipping across No Man's Land. Avoiding the machine gun turrets, however, will be particularly problematic.

Nintendo 3DS

Tiny console uses witchcraft to create 3D gaming without glasses!

3D TV!

With the "SpotPass" service, you can download content discreetly via Wi-Fi hotspots. Eurosport and Sky 3D have already signed up to provide 3D videos.

3D SLIDER

If all that new-fangled 3D is too much for your tired old eyes, turn the effect down using this neat little switch. Does seem to be missing the point, though.

3D SCREEN

This 3.53in beauty has a resolution of 800 x 240 pixels. Fancy stereoscopic technology means you can see in glorious 3D without the need for special specs.

NEW CONTROLS

There's an adjustable stylus that extends to 4in long, a directional pad and microphone, plus a new analogue nubbin, officially titled the "Circle Pad".

TOUCH SCREEN

At 3.02in, the LCD touchscreen is smaller than its big brother sat above it. The resolution is also lower, at 320 x 240 pixels.



Some games! Must-buy titles. In glorious three dimensions! And no silly glasses!

SUPER STREET FIGHTER IV

Blast 3D fireballs at brawny men and weirdly strong young women. With a roster of 35 fighters, you also have the option of online battles. Hadouken!



KID ICARUS: UPRISING

Back from a NES platform adventure 20 years ago, *Kid Icarus: Uprising* is less about jumping, and more about shooting. That's a good thing.



STEEL DIVER

From piloting subs to firing torpedoes and sinking ships, this is *Battleships* for 2011. Use the built-in motion sensors as a virtual periscope, to scan for enemies on the horizon. Fire!



hands on!

WORDS: ELLIE GIBSON

Until now, playing games in 3D has required a considerable amount of commitment and willingness to look stupid, as well as investing in an expensive new telly and pricey 3D glasses. And if there's one thing that feels dafter than wearing shades indoors, it's

shelling out several thousand pounds for the privilege.

Now that's all set to change with the arrival of the Nintendo 3DS. With the lid closed, this sleek little gadget looks much like the DS handhelds already out there. But open it up and you'll see what makes this machine so special – a 3.53in

widescreen display boasting bold 3D graphics, built-in motion sensors, touchscreen, and no glasses required.

For serious gamers, though, it's all about the software. Nintendo's promising 25 games will go on sale around launch time, with titles like *Mario Kart* and *Metal Gear Solid* to follow.

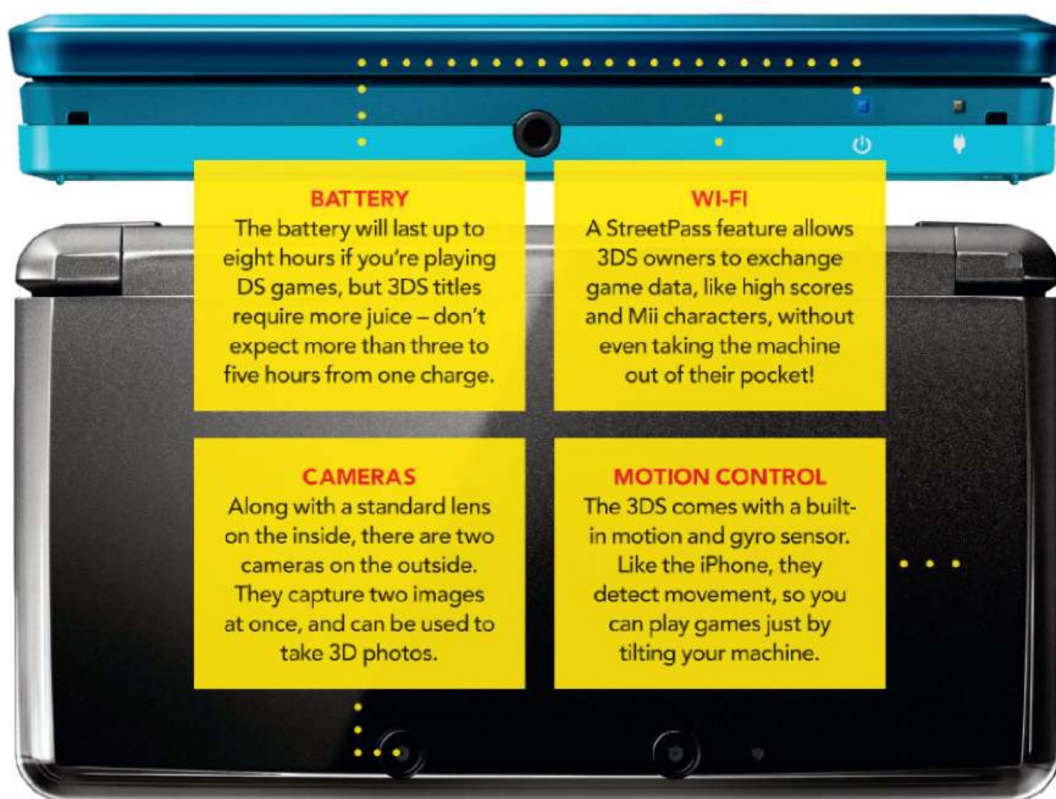
Want one? Course you do! You'll need £220 and be sure to mark 25 March in your diary. Because that's when it's out.

The Sciencey Bit...

How the heck does it all work, anyway?

Glasses-free 3D is all thanks to the 3DS's stereoscopic display, which actually comprises two LCD screens. The screen sitting on top is what's known as the parallax barrier. This generates rows of fine lines across the bottom image, enabling each of your eyes to see a separate set of pixels. Your brain then combines these two bits of information to create one 3D image.

The effect only works if you're looking at the screen straight on. This is why parallax barrier technology isn't so great for larger devices, such as TVs, which viewers might want to watch from different angles. But it's perfect for the 3DS, seeing as you're going to be holding the console right in front of your face anyway.



PRO EVOLUTION SOCCER 2011

Konami's massive football series makes the most of the 3DS's fancy features. Being able to view the field in 3D makes it easier to pull off passes and impressive shots.



RIDGE RACER 3D

Fast cars, neon-lit city streets – it could only be *Ridge Racer*. Highlights include the option to view those shiny car models in 3D and a drift button to take those tight corners.



LEGEND OF ZELDA

One of the best-loved, most critically acclaimed games ever gets a 3D makeover. It's an epic yarn about an elvish kid conquering evil and learning to love his horse, Epona.





Kate Beckinsale

By the pool, Mexico

Kate may have thought she'd pulled a fast one on our lady-snapping spies by hitting Mexico with all-new blonde hair, but no chance – they'd recognise that hat anywhere!



Megan Fox

In new Armani undies ad

We like to think this is how Ms Fox spends her "me time": in her undies on the sofa, footy on the telly, cold curry on the coffee table, pair of authentic Dutch clogs on (out of shot).

RUDE NEWS

News on the only Golden Globes we care for!



Chloe Madeley

Sexy promo shoot

When you've made the cut for ITV1's ice-skating show, the first thing anyone would do is snap a lingerie shoot! Great if you're Chloe Madeley, not so great for Comedy Dave!



Nuts girls

Car show, Birmingham

Rhian, Leah and Emma were called in as crack show-floor totty at the Autosport Show. Either that, or they're all in Ginetta's fan club and turned up in the same top!



On her hols, Tenerife

Sam gave us a holiday treat recently by making sure that her cleavage was well protected. For her, it's like Beckham's legs or Emile Heskey's, um, hair.



By the sea, the Caribbean

Fearne took a break from shouting, "Awesome!" and, "Wicked!" on air to hit the beach. Where passers-by no doubt shouted, "Awesome!" and "Wicked!" at her.

NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!... NEWS FLASH!...

NEWS FLASH!... NEWS FLASH!... NEW



Jasmine on Gervais
at Golden Globes
employed

"He was employed to be funny! Some of these Hollywood A-listers take themselves far too seriously!"

"Sorry mate, I've only got triple As..."



0-60 IN 3.4 SECS!

World's fastest

● Tesla may have created the first fully electric supercar, but it now has competition from a fellow American company. Based in North Carolina, the spiritual home of Nascar racing, the Li-ion company roped in a load of Nascar engineers to make

this zero-exhaust emission, 170mph volt wagon.

- Underneath the Porsche Carrera GT-style rear clam-shell is a tough-as-girders tubular steel chassis.
- There's a mix of influences from petrol-engined cars on the Inizio. Those back lights

are from an Audi TT, and the scissor doors have a whiff of Koenigsegg about them.

- You can choose from three models: the entry level R (Rally), RT (Rally Touring) and the big daddy RTX (Rally Touring Extreme). The R and RT can muster 130mph with 12 batteries on board, while the RTX packs 24 batteries.
- Providing the grunt to the RTX's rear rims is a pair of electric motors developing 290kW. Mounted over the rear axle for decent cornering, the motors produce over 100lb-ft more torque than a Ferrari 599.
- The Inizio RTX promises to leave the lights and hit 60mph in 3.4 seconds.
- When it comes to topping up the batteries (every 200 miles, depending on how

heavy your right foot is) the Inizio has a built-in charger. Charging can take eight to ten hours, but a four-hour fast charge is possible.

- The Inizio features heated and electrically adjustable Recaro racing chairs.
- **No ABS, but traction and stability control are built-in with a four-speed, paddle-shift transmission.**
- There are no oil filters, belts or complicated servicing, the engine's just a load of laptop lithium-ion battery packs – that can be recharged up to 2,500 times. You'll hear nothing apart from a strange whistle. And tyre squeal, if you're messing around!
- **And the damage to your wallet? Between £87,000 and £155,500 – but what price a clear conscience, eh?**



"I made this in Design Tech, today, Mum"

RED HOT!

"Great, but how
do I open the boot?"



NO EXHAUSTS!

electric car!

Plug it in! It's
the 170mph
Li-ion Inizio!

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A QUICK WORD WITH...

Chase and Status

The mix masters on kiss chase, *X Factor* and DJing for *Nuts*!

INTERVIEW: PETE CASHMORE PHOTOS: CAMERA PRESS, RETNA, GETTY

Hi Chase and Status! Your album's full of famous people like Cee Lo Green and Dizzee Rascal. Did Cee Lo try to eat any collaborators? Chase: No, he didn't. We didn't get in the studio with him, it was all phone calls and sending stuff online. There was no eating of anybody digitally, either. Is there anyone you wouldn't work with, like Jedward? C: We wouldn't work with Jedward. You can quote that! Status: No. I think it's pretty self-explanatory why not! Matt Cardle, the guy who just won *The X Factor*? C: No. I wish him all the best but I had no idea who he was until you told me just then. Cher Lloyd? S: Hell, no. Definitely not! Fair enough! Status, what's your current status? S: My status is: "Status is mad with excitement about the forthcoming album." Chase, what's your favourite chase – car, kiss or Chevy? C: A toss-up between Chevy Chase – strictly for nostalgia and '80s humour – and kiss chase, because everyone likes a bit of kiss chase, don't they? You're currently the number one selection on the *Nuts*



STATUS!

"What do you mean this isn't a unal?"

office stereo. How do you feel about this accolade?

C: Extremely honoured, flattered, speechless. As long as you didn't get a leaked copy, I'm happy as Larry.

How much would it cost for you to DJ at our office party?

S: For *Nuts*, it'd simply cost the attendance of a couple of the lovely girls from the cover. That's about it!

We could provide girls and some sandwiches...

C: I'm not really a cold sandwiches guy, you'd have to provide hot food for me.

Mini pizzas?

C: Now you're swinging me. If you could put on some steak, you might get us.

How does one differentiate between Tinie Tempah and your vocalist Tempa T?

C: Have you seen him? He's not tiny! Someone once asked if he was Tinie and he just said, "Do I look tiny to you?"

Thanks, Chase and Status!

Finally, Professor Green gave us a gold disc last year. What are you going to give us?

C: He's kind! I'll give you a self-portrait of us in silver as you have some gold already.

S: We're DJing at your next office party. That's enough!

His sleep sewing was becoming a problem

CHASE!

"You sure the F1 race was meant to be today?"

No More Idols by Chase and Status is out on Monday

THE Nuts LIP-READER!

When he watches a match, he sees every word!

John Cassidy is a **real** lip-reading expert. And an FA coach!



Avram Grant: "Five players in the box!"

WEST HAM VS ARSENAL Upton Park, 15 January, 5.44pm
Even worse, it's actually seven – but Arsenal still take an early lead.



Andy O'Brien: "I'm OK, it's not gone completely. I can get away with it"

LEEDS VS ARSENAL Elland Road, 19 January, 9.23pm The Leeds man reckons he's good to carry on, but the physio thinks otherwise.



Ref: "There's no need!"

Jonny Howson: "Come on, he's just gone down! I couldn't do anything!"

LEEDS VS ARSENAL 9.48pm The United midfielder contests his late booking for a foul on Cesc Fabregas.



Rafael: "F**k off! Hey - I didn't touch him! Why? I didn't touch him!"

SPURS VS MAN UNITED White Hart Lane, 16 January, 5.51pm
The Man United full-back kicks off at being given his marching orders.

POTTY-MOUTH OF THE WEEK!

ONLY IN
Nuts!



Tim Howard: "F**king defence is sh*t! F**king sh*t!"

LIVERPOOL VS EVERTON Anfield, 16 January, 2.36pm The Everton keeper lets rip after Liverpool almost double their lead.

A full-page advertisement featuring a muscular Black man in a dynamic running pose, wearing a white headband and a white waist cord. The background is a textured, light blue-grey. Overlaid on his chest is the text "I'VE GOT A TINY PACKET" in large, bold, white capital letters. In the bottom right corner, there is a small image of a blue Kleenex Pockets tissue packet. At the very bottom, a white banner contains the slogan "SMALL ENOUGH TO FIT IN YOUR BACK POCKET. BECAUSE SIZE MATTERS." and a small copyright notice.

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A TINY
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THAT'S SWEET!

"Stand there while we baste... er, I mean welcome you!"

THAT'S CUTE!

"Now we're going to eat you. Er, I mean... no, that pretty much covers it!"



"You feel cold. You should jump in the pot... er, I mean bath!"

THAT'S NICE!

'We ate our mate!'

THAT'S LUNCH!

Impala makes friends with cheetahs. Cheetahs eat impala!

If ever there was an animal tale to warm the heart... this wasn't it. It all starts so nicely, with a friendly little impala in Kenya's Rift Valley tentatively befriendng three young cheetahs. They let him nuzzle them, they let him lie with him, they playfully pawed

him – it was like something out of a lovely Disney film!

Sadly, they then had to go and spoil it all by ripping the impala's throat out and eating his still-twitching flesh. Oh dear! Disney, if you're reading, we suggest an alternative ending might be in order!

WORDS: PETE CASHMORE PHOTOS: BIOSPHOTO.COM



"Uh-oh, his mum's here to pick him up!"

DON'T LOOK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com



'I landed face first in the road!'

A rather careless car creams a cyclist's face!

In a battle between a little old lady and a 26-year-old lad, you'd expect there to be only one winner. But if the lady's driving a car and the guy's on a bike, the outcome's different!

On the receiving end was Josh Smith, a customer service advisor from Bexhill in Sussex.

Josh tells *Nuts*, "I was riding my bike when a lady driving towards me turned right across my path and I suddenly hit her car and flew over the bonnet. Witnesses said I went five feet in the air, upside-down.

"I smashed face-first into the road and the grit ripped at my

face, like I was sliding along a cheese grater. When I sat up, I was soaked in blood.

"At the hospital, they put seven stitches in my head, and I was let out the same night. But for weeks, people kept staring at my face because I looked just like the Terminator!"



Win £1,000!



Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2011 will win £1,000 in cash!* Submit your images and contact details to dontlook@ipcmedia.com

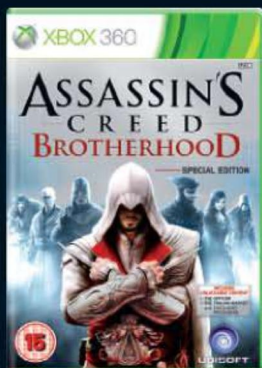
WORDS: RICH JENKINS *EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 60 APPLY

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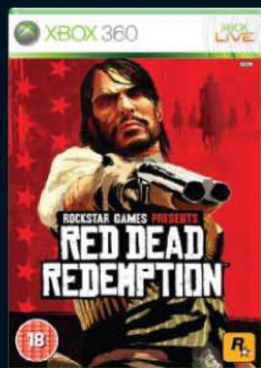
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Let The Stories Begin: Sky Atlantic Launch Night, 8pm

Launch night begins with a one-off special featuring exclusive interviews with the stars of Sky Atlantic. Mariella Frostrup will be asking the questions as big names from both sides of the pond, including Jon Hamm (*Mad Men*, pictured above), Sean Bean and Kelly Macdonald, discuss their shows and the best of what's to come on Sky Atlantic in 2011.

Boardwalk Empire, 9pm

Sky Atlantic's host of new drama begins with the dazzling crime saga *Boardwalk Empire*. Created by *The Sopranos* writer Terence Winter and directed by Oscar® winner Martin Scorsese, this Prohibition-era epic whisks you back to 1920s' Atlantic City - a land of gangsters, sex, jazz and illegal booze.

Blue Bloods, 10.30pm

After Atlantic City's underworld comes the life of law enforcement, New York-style. Tom Selleck leads an all-star cast as NYPD Commissioner and the patriarch of a family with policing in their blood. Gritty and unflinching, *Blue Bloods* is a compelling cop drama revealing life on both sides of the law.

sky



See a launch preview of *Boardwalk Empire* on your Smartphone. Simply scan the code or text 60505 ATLANTIC or visit pda.sky.com/atlantic

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Nuts GEAR

Leo Messi and Gareth Bale will be wearing AdiZero Primes

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Adidas F50 AdiZero Prime

www.adidas.com/football

Nuts says: The lightest and fastest boot ever, says Adidas. And at 145g, they'll make Messi even harder to catch. But, wow, they're expensive!

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Olympus XZ-1

www.olympus.co.uk

Nuts says: Featuring a premium Zuiko lens usually found in high-end SLRs, a 10.0-megapixel chip, fast shutter speeds and HD movies, this is a lovely thing.



Accessories include an electronic viewfinder

NIKE+ sportwatch GPS

www.nikeplus.com

Nuts says: With GPS tech supplied by specialists TomTom, this shows runners their time, distance, pace and how many calories they've burned, to silly degrees of accuracy.

The GPS watch links to www.nikeplus.com to log runs

£150



Sharp CP-USB50 mini sound bar

www.sharp.co.uk

Nuts says: 2.1-channel speaker system for your PC with built-in subwoofer, that gets its power via the USB input.

£40



Check out more reviews at www.nuts.co.uk/reviews

18

"INCREDIBLE"

PSM3

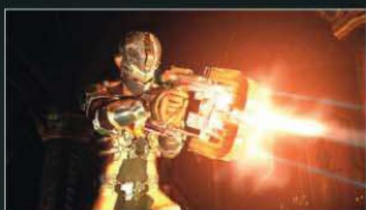
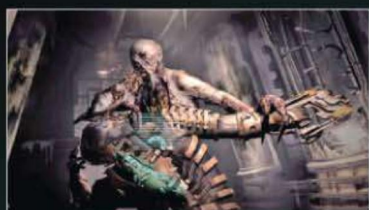
**"ISAAC'S BACK AND
BETTER THAN EVER"**

IGN

ISAAC BRINGS THE TERROR TO SPACE.

The nightmare has returned. But this time, Isaac is the one in charge. With new weapons and zero-G ability, now it's time for his enemies to feel the fear.

DEAD SPACE²



Buy Dead Space 2 Limited Edition on PS3 and get Dead Space Extraction for the PlayStation MOVE FREE, whilst stocks last.

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facebook.com/deadspace

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Demo now



PS3
PlayStation 3

PlayStation Move

PlayStation Network



VISCERAL
GAMES

YOUR LETTERS!

The postman always laughs twice!

Send your Letters to nutsletters@ipcmedia.com or to the address on p60

"Help! I'm caught on the door handle!"



Kate = great

Dear Nuts,
Here's a pic of me in my prized Nuts vest and shorts!

Kate Houghton, via email
Looking good, Kate! Readers, you can buy Nuts kit like this at nutscollection.spreadshirt.co.uk

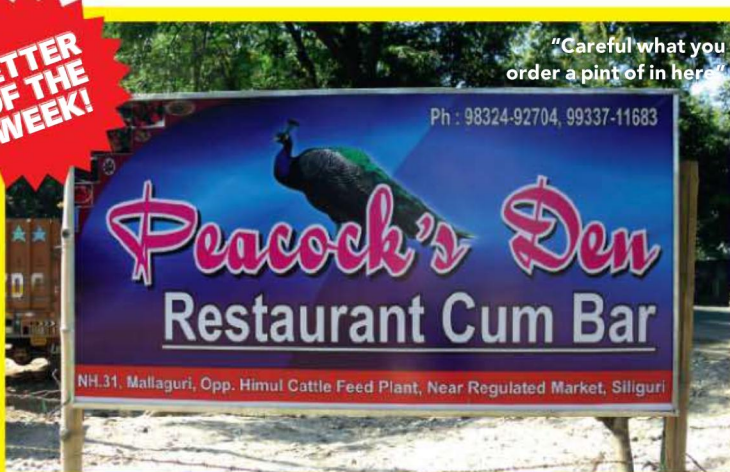
A place with real spunk

Dear Nuts,
This place in India was the worst restaurant I've ever eaten in - everything we ate was really salty.

Rob Prescott, Barrow-In-Furness

But it gives you lovely views of the cattle feed plant opposite!

LETTER OF THE WEEK!



"Careful what you order a pint of in here"



"I've wiggled it, but ITV1's still fuzzy"

Hit the red button now

Dear Nuts,
This satellite service in Turkey must have adult films galore.

Chris Teather, via email
We tried tracking this place down but couldn't find it!

Eye-watering

Dear Nuts,
This quality programme from Channel Five sounds painful!

Adam, Falkirk
This sounds like what happened to us that time we zipped our jeans up too fast.



A taxing session

Dear Nuts,
Heard about footballers avoiding the tax man? Maybe Rooney looks like this when training!

Daniel Price, Pencaerau
If only he was that good looking!

CAMERAPHONE CUTIES!

Sexy snap-happy babes!



ONLY IN Nuts!

"Me and my bouncy boobies!"
Lucy, Bournemouth

"Here I am, from head to toe!"
Liza, via email

Send us your pics! Text 'Nuts' and your sexy camera-phone pic to **0771 388 8008***

"That Jamie Oliver's always on"

Today 8.00pm 8.30pm		
101 BBC 1 Scotland	Human Planet	
102 BBC 2 Scotland	Michel Roux's Service	
103 STV	Emmerdale Coronati..	
104 Channel 4	Relocation, Relocation	
105 FIVE	Ripped From The Cock..	
106 Sky1	House	
107 Sky2	Dream Lives For Sale	
108 Sky3	It's Me Or... It's Me Or..	
109 Watch	World's Strictest Paren..	
110 GOLD	'Allo 'Allo 'Allo!	
Page Up Page Down +24 Hours Press SELECT to view or R to record		

Win great Durex stuff!

Send your letters, hilarious spam pictures and camera phone cutie shots to: nutsletters@ipcmedia.com or post them to the address on page 60. The sender of the week's best letter* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both yourself and your missus happy. Visit www.durex.co.uk for more information.

YOUR JOKES

Bursting with all the best gags, every week!

Send your jokes to nutsjokes@ipcmedia.com

SHORT JOKES!

Last night, I tried to go out for an Italian meal but there was a huge, fat woman standing in the doorway.

I couldn't get pasta!

Wesley Champion, via email

Q: What's the difference between a purity ring and a wedding ring?

A: One means "I love you but no sex"... er, they're the same!

Chris Massey, via email

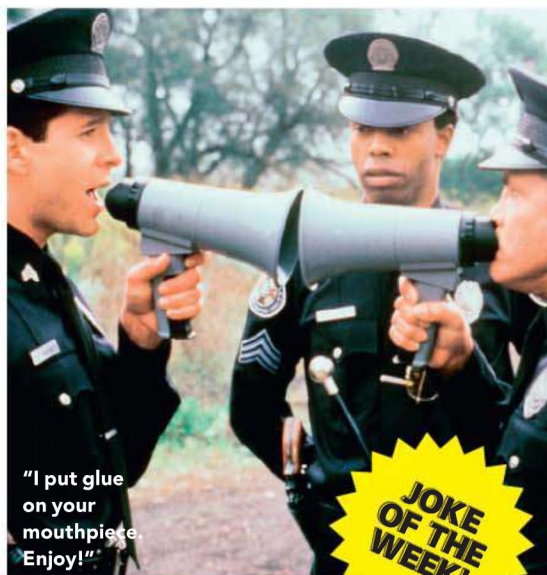
While driving home from work, I was disgusted with all the people using their mobiles, so I noted all their registration numbers in my Filofax!

Freddie Burns, London

Q: What did the man from Norfolk say to the baker?

A: I'm in bread myself.

Mike Guinness, Upminster



"I put glue on your mouthpiece. Enjoy!"

Blanc out

Top chef Raymond Blanc has committed suicide after some thieves broke into his store cupboard and stole all his ingredients. Police say he lost the huile d'olive.

Cat, via email



"If Alan Carr copies my look one more time..."

Record breakers

Three blokes are chatting. "I genuinely think I've got the smallest head in the world," says the first.

"You might do," says the second, "but I think I've got the smallest arm in the world."

The third says, "Well, you know what? I really think I've got the smallest willy in the world."

"Well," says the first

Stick of it

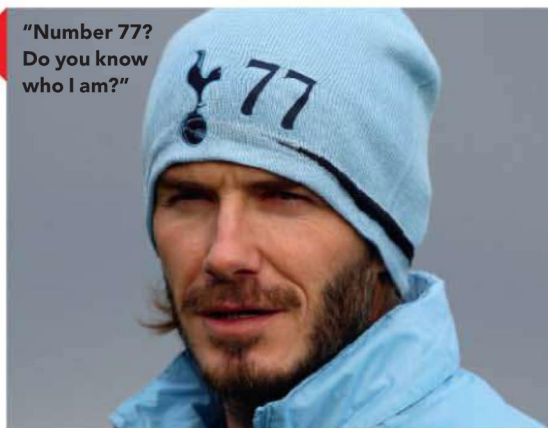
David Beckham's being interviewed about his move to Tottenham.

"David, you're planning a return to the Premier League after spending years at Man United," the reporter says. "Are you worried about the stick?"

"A bit, yeah, but I think it'll be OK," he replies. "Victoria loves London!"

Marc G, Birmingham

"Number 77? Do you know who I am?"



Win PS3 gaming accessories!

The sender of this week's best joke* will win over £250 of PS3™ Gaming Accessories, courtesy of 4GAMERS™! This great prize includes a CP-NC2 Stereo Gaming Headset, three top PS3™ titles, a Move Starter Pack and accessories galore!



*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 60 APPLY. SEND YOUR JOKES TO NUTSJOKES@IPCMEDIA.COM OR TO THE ADDRESS ON P60. PHOTOS: ALLSTAR, GETTY, REX, CAPITAL PICTURES, PA PHOTOS

S!



ia.com or to the address on p60

bloke, "why don't we go to the Guinness World Records people and see if we actually do?"

The blokes decide this is a good idea, and off they troop. One by one, they go into the office.

The first comes out and says, "I have the smallest head in the world!"

The second comes out and says, "Yup, I've got the smallest arm in the world!"

The third bloke finally comes out of the office with a frown on his face and says, "Who the hell is Justin Bieber?"

Joe Hyatt, Blackburn



FAMOUS BLOKES' JOKES!

LEE EVANS:

"When I was at school, I was perpetually punched in the head by other kids. So my dad sent me off to learn boxing, where - guess what? - I was perpetually punched in the head by other kids."

ALAN CARR:

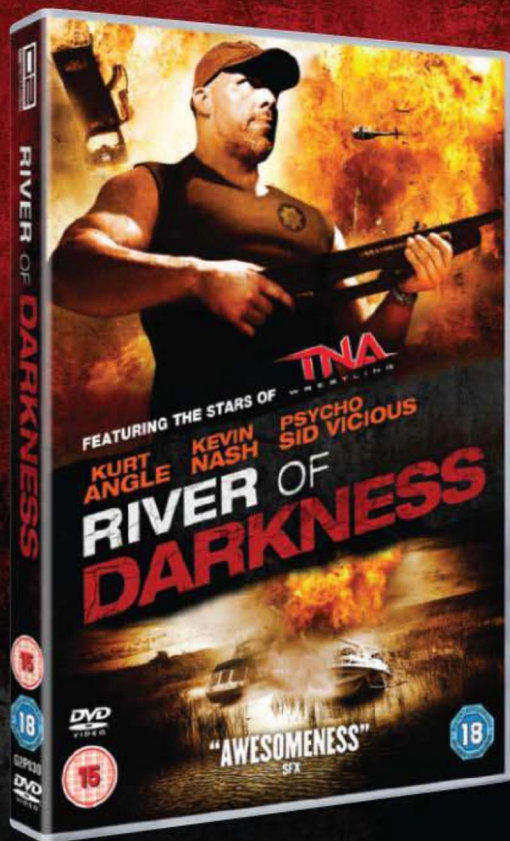
"I was told by someone on Twitter to get a life, and the girl who said it called herself 'the real Anne Boleyn'. At least I'm not pretending to be a dead Tudor!"



AL MURRAY:

"The French are pathetic. They've got a town called Brest and none of them think it's funny!"

THERE CAN ONLY BE ONE MAN STANDING



WRESTLING CHAMPIONS
KURT ANGLE, KEVIN NASH &
PSYCHO SID VICIOUS FIGHT
IT OUT IN THIS ALL-OUT
HEAVYWEIGHT BEAT DOWN

RIVER OF DARKNESS



ON DVD 31 JAN

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POP OUT IN PUBLIC!

ONLY IN
Nuts!

Have a cheeky flash – and earn some cash!

TREE HUG!



THIS
WEEK'S
£100
WINNER!

BECKS 21, from Exeter

"A game I invented – naked hide-and-seek!"

ON A CAR!



STEPHANIE 23, from Wiltshire

"Look closely and you may see I'm popping out!"

IN A CAR PARK!



Win £100!



All printed pics get a Nuts vest-and-shorts combo. The winner gets £100!* Send your snaps to nutspopout@ipcmedia.com or by text to **0771 388 8008**.

IN A SHOP!



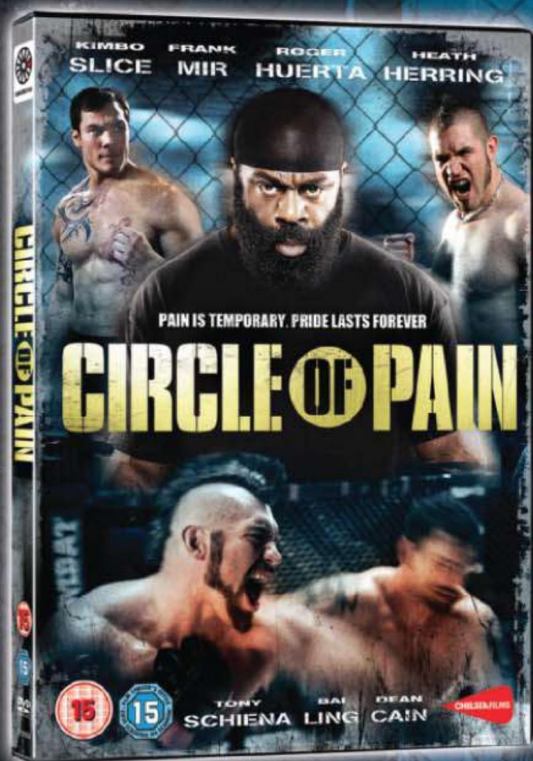
LAURA 23, from Redditch

"Me at my local second-hand furniture store."

ROXANNE 20, from Cornwall

"If it was pay-and-display, I'd have done well that day!"

*EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 60 APPLY



PAIN IS TEMPORARY. PRIDE LASTS FOREVER

CIRCLE OF PAIN



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FROM JANUARY 31ST

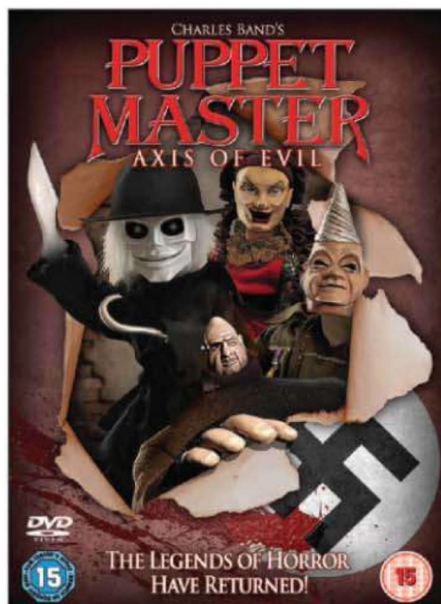


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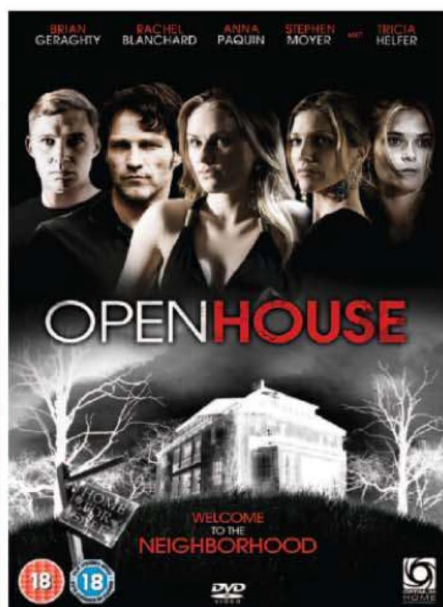
ones to watch



£9.99

DVD out now

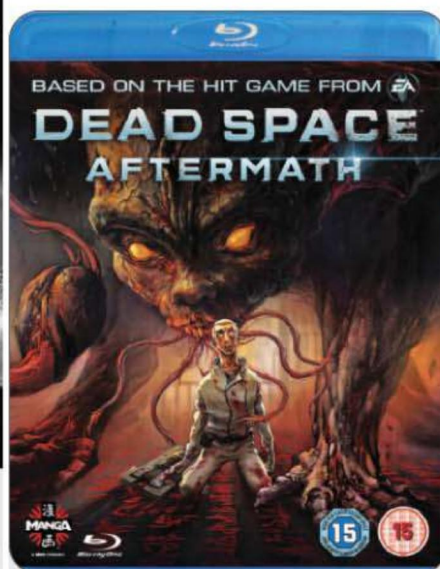
The living deadly puppets finally return to stop the German Axis of Evil in the first new Puppet Master feature film in 10 years



£9.99

DVD out 31 January

Featuring the lead stars of hit TV show True Blood, Stephen Moyer and Anna Paquin, Open House is an incredibly intense motion picture that isn't afraid to push the boundaries of horror cinema



£14.99

Blu-ray out now

The fast paced, horrifying thrill ride prequel to Dead Space 2, the game that bridges the events of the original with the hit sequel. Four terrifying visions told by several renowned international directors

also available on DVD



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shop



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hmv.com



download at
hmv.com

hmv get closer

CAMERA PHONE COMEDY!

ONLY IN Nuts!

Win £100!



Seen something daft? Snap it, send it in and win £100!

Text 'Nuts' and your picture to **0771 388 8008** (texts are free but standard network charges apply*). Pic Of The Week wins £100 cash!** Terms & conditions on page 60.



RUDE FOOD!

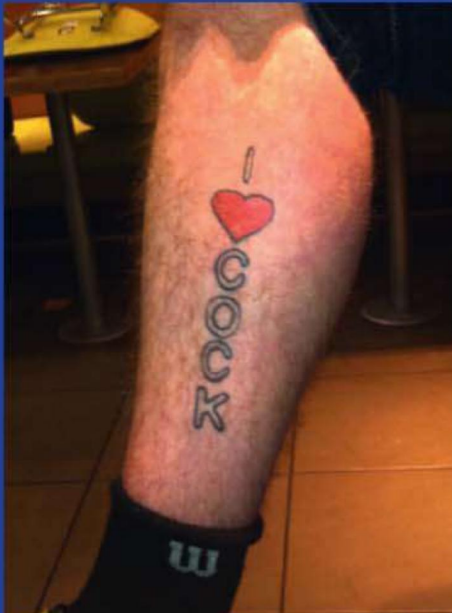
"Hmm – I'm not convinced about this new flavour of fudge at all!" **Anon, via text**



THAT'S A WRAP!

"We thought clingfilming a car was a great idea, so we did our mate's!" **Anon, via text**

NAFF TATS!
CORNER!



"I lost a bet on the outcome of the World Cup final – this £40 beauty was my forfeit!"
Pat Thornton, Burnley



CRUDE COVER!

"I think it may be time to rearrange those shelves slightly!" **Ryan, Falkirk**



DUFF DEAL!

"It's safe to say the store's manager isn't too bright!" **Adam, Stourbridge**



CLING ON!

"We couldn't resist coating our mate's car as his back was turned!" **Anon, via text**



ROLL MODEL!

"We felt the tape on this effort was a really nice touch!" **Anon, via text**

*BY SENDING NUTS YOUR CAMERA PHONE PICTURE, YOU ACCEPT RESPONSIBILITY FOR ITS CONTENT AND ITS PUBLICATION. **EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 60 APPLY.



**"I've looked
like a darts
champion
since I was 17"**

KEVIN BRIDGES

The Scottish comic on being posh and Frankie Boyle!

Hi Kevin! You're Scottish. Do you, Frankie Boyle and Billy Connolly live in a big house together? Yes, we do. I'm the cleaner. It's all about Frankie rather than me, this interview? Frankie was too busy for *Nuts* so you thought you'd go for his flatmate? I've got my answers prepared, though. Am I a t*ts or an arse man? Who'd win in a fight between Lorraine Kelly and a squirrel? Frankie has put me up a few times in London. He's very into his fitness. We went swimming and he challenged me to do 100 lengths. I managed about 87, while he did 124. Lots of food in Scotland is deep-fried. Do you even own a microwave or an oven? I've got an 850W microwave. You can cook a Rustlers burger in about 30 seconds. We're

quite precious about what we deep-fry. Fish, obviously. Sausage. Pizza. You hear stuff about Mars bars but I've never seen one. So when are we going to get away from the regional racism and onto plugging the DVD?

Soon. Honest. Apparently, your friends from home reckon you "put on a posh accent" on telly. Although, if we're being honest, we can hardly understand anything you're saying. That's the thing. People in Scotland think I speak posh. People in England can't understand me. It's probably only people in Newcastle who think I speak normally.

Maybe you should come with a subtitle button? Aye.

They say, "you shouldn't burn your bridges". What if we tried to burn yours? If you tried to burn my bridges?

Yes. If we came round to your house and set fire to your bridge. I was having a conversation with a person in the audience recently about suicide. That's how well the gig was going. He asked, if

I was going to kill myself, how would I do it? I said that jumping off a bridge would only lead to ironic headlines.

You're 23, which is young for a comedian. But if you were a professional gymnast, you'd have retired. Do you feel old? My gymnastics career ended pretty early doors. People refuse to believe I'm 23. Maybe that's the deep-fried stereotypes. I've looked like a darts champion since I was 17.

You support Celtic FC. Do Scottish teams have to play in the Scottish Premier League because they're not good enough for the normal Premier League? Yes. That's exactly right. Where did you think of these questions? Did you get mugged by a Scottish guy this morning or something? Did he jump you in the queue for the bus? **Er, no...** Celtic were the first

British team to win the European Cup. People think the Scottish are a nation of alcoholic party animals. We can't wait to leave Scotland. That's why we want to get into the Premier League – 'cos it'll be a proper day out. Scotland is massive. Teams like Aberdeen should get a head start because they're so far away. I'm not Scottish anyway. I was born in London. [He's joking – Ed]

So you just affect the accent to confuse people? Yes. So people go, "Kevin Bridges? You know, the Scottish one." **Your new DVD's called Kevin Bridges: The Story So Far. Have we got to wait 23 years for the next one?** I could be dead by then. It'll be the same DVD, but with my obituary on the back of the box.

Well, we weren't sure what you were saying, but thanks for the chat anyway, Kevin. No, thank you. I'm going to go and cry in the shower. ■

Kevin Bridges: The Story So Far is out on DVD now. Kevin will also appear on the second series of Stand Up For The Week on Channel 4 in March



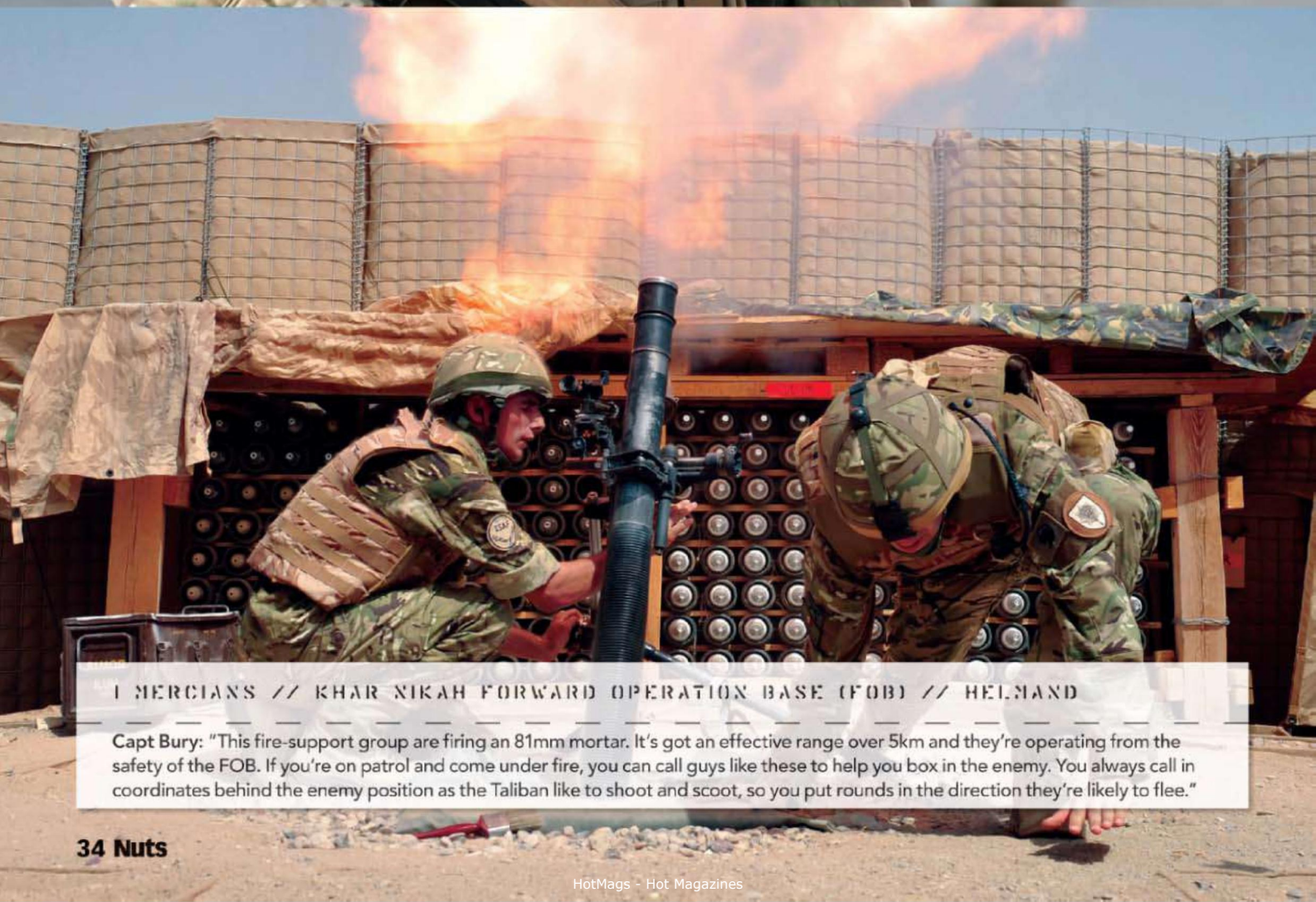
WITH NUTS!

THROUGH A
SOLDIER'S EYES

THROUGH OF A SOL

GURKHA REINFORCEMENT COMPANY SECURITY PATROL // KHAR NIKAH // HELMAND

Capt Bury: "These pics from the British Army photo competition really show what life's like for servicemen today. These Gurkhas are in the new body armour plate carriers. It's less bulky than the Osprey armour I wore in Afghanistan. It still weighs 20lb and can stop three rounds to the same spot, but distributes the weight better, making you more mobile, so less likely to get hit in the first place!"



I MERCIANS // KHAR NIKAH FORWARD OPERATION BASE (FOB) // HELMAND

Capt Bury: "This fire-support group are firing an 81mm mortar. It's got an effective range over 5km and they're operating from the safety of the FOB. If you're on patrol and come under fire, you can call guys like these to help you box in the enemy. You always call in coordinates behind the enemy position as the Taliban like to shoot and scoot, so you put rounds in the direction they're likely to flee."



THE FAYES DIE

CALL SIGN HADES
AUTHOR PATRICK
BURY ON PHOTOS BY
BRITISH SERVICEMEN



I SCOTS GUARDS // SOMEWHERE NEAR KUNJAK // HELMAND

Capt Bury: "These guys are resting up in a typical Afghan compound. The body armour's off, they look pretty relaxed. There'll be sentries on overwatch. This reminds me of a time when we were in a compound in Sangin. The Taliban knew we were in there and tried to spook us by creeping about outside, wailing like ghosts in the darkness. You could hear them all about you, trying to freak you out."



HOUSEHOLD DIVISION // HORSEGUARDS PARADE // LONDON, UK

Capt Bury: "Just six weeks before this picture was taken, this battalion had been fighting in Afghanistan. It just shows you the pressure that the Army's under, 'cos they'd have drilled long and hard to perfect the Queen's Birthday Parade. Interestingly, the drills you see at these ceremonies are essentially Victorian battle tactics, of the type Wellington used to defeat Napoleon." ➡

THROUGH A SOLDIER'S EYES



QUEEN'S OWN GURKHA LOGISTICS REGT PATROL // CAMP BASTION // HELMAND

Capt Bury: "These guys are in a Jackal armoured vehicle and their job's to protect a CLP (convoy logistics patrol) – essentially a supply convoy that'll be heading out to one of the FOBs. You can see they're flying the Afghan national flag and he's got it on his shirt, too. It's a nod to the hearts and minds aspect of the mission out there. It's an attempt to appear less imperialistic to the locals."



ROYAL DRAGOON GUARDS FOOT PATROL // NAD E ALI // HELMAND

Capt Bury: "This local isn't a Taliban, but he would have been questioned by the Afghan soldier at the head of the patrol. Afghanis are very tough. They have a saying there – 'Me against my brother, my brother and me against my cousins, me and my cousins against the other family, me and the other family against the village, me and the villages against the foreigners.' It's an incredibly survivalistic place."



1ST BATTALION THE ROYAL GURKHA RIFLES // NAHR E SARAJ DISTRICT // HELMAND

Capt Bury: "Fighting in the green zone (the fertile land either side of the Helmand river) is like fighting in a jungle. Major Charlie Crow is taking a breather in a maize field here and you can see how dense the foliage is. The maize grows 7ft high and you can literally bump into the enemy. If you do, it often comes down to fighting with a bayonet. All this technology and yet it can get as primitive as that."



1 ROYAL IRISH IN FIREFIGHT // NAD E ALI // HELMAND

Capt Bury: "This is my regiment in action. They wear shamrocks and netting on their helmets. The shamrock's obviously Irish and the Para mesh, as it's called, is because we're part of 16 Air Assault Brigade fighting alongside the Paras, who've worn it since the Second World War. It helps create regimental identity and unity 'cos, at the end of the day, you're like family. These men are your brothers." ■

ROSIE PRESENTS 100 BIG BOOBED BABES!

**Who better to kick off
our booby guide?**



Hi Rosie! **How are you?** I've got the flu! I'll be a trooper and try to look sexy for you, though! I think alcohol's going to have to be my cure because I'm going to Vegas next week and it's going to be pretty epic! **You're presenting 100 topless babes. If you were in a room with all 100 of these honeys, what would you do?** I'd love to say I'd faint but being around boobs is normal to me now. I've never been in a room with 100, though! If Kelly Brook's boobs were there in front of me, I think they'd definitely make me faint. **If you had to eat 100 of something, what would it be?** I could definitely eat 100

sour Skittles in one go, I love them. And if I could spread it out over a week, I reckon I could eat 100 Nando's, too! **What's the most boobs you've been around at one particular time?** Probably about 12? No actually, I'm lying, it was more than that! About 20. It was overwhelming. I was just surrounded by boobs – but in a good way! Heavens above, that's a lot. **Crikey! Thanks, Rosie! Finally, do you have any big ambitions for 2011?** Just to have loads of fun, go on loads of holidays, and make sure I enjoy 2011 even more than last year – if that's possible! Oh, and I want to do loads more *Nuts* shoots! ➔



1 ROSIE JONES

In every list, we suppose there must be a number one, and why not Rosie? Just look at her. All the time. Every day!

BIG-BOOBED BABES

2 HOLLY PEERS
Holly celebrated her first anniversary of being a Nuts babe this month, and what a brilliant year it's been!

3 STACEY SOLOMON
Stacey's officially the queen of the Jungle now she's won *I'm A Celebrity*... And she's also a queen of boobs!

8 JODIE GASSON
The Brighton babe asked to do work experience at Nuts in 2010. We hated telling her we were fully booked!

13 GEMMA MERN
Gem thinks Carmel, her *Hollyoaks* character, hasn't had enough raunchy storylines recently. Listen up, producers!



4 ALICE SEY
Alice was one of our babes to watch in 2011, and it's easy to spot why – she's got fantastic taste in hats!



5 TULISA (N-DUBZ)
We chatted to N-Dubz last month, and our man's neck is still sore from resisting a glance down Tulisa's top!



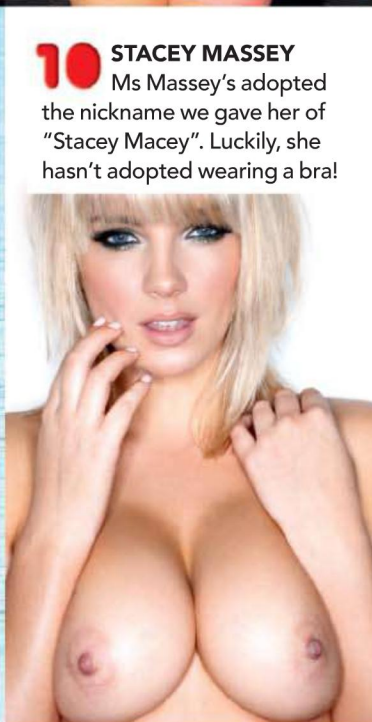
6 RACHAEL WHITE
So, *Big Brother*'s finally gone. But thanks to the lovely Rachael, we've got two great reminders of why we loved it!



7 VIKKI BLOWS
By jingo, she's a sultry lady, isn't she? You wouldn't catch us in underwear like that, you'll be happy to know!



9 MICHELLE KEEGAN
The soap cutie has shown a refreshing willingness to don very small bikinis recently. We like the way she's thinking!



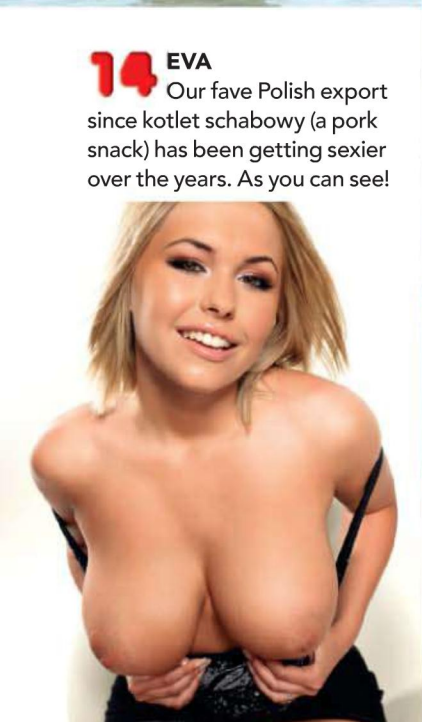
10 STACEY MASSEY
Ms Massey's adopted the nickname we gave her of "Stacey Macey". Luckily, she hasn't adopted wearing a bra!



11 SEREN GIBSON
Ah, Gibbers. Gibbo. The Gibmeister. Sorry, we're just wasting time now because we're distracted by her boobs!



12 JENNIFER CLARK
BB beauty Jen thinks making her boobs bigger was the best thing she ever did – looking at this pic, we agree!



14 EVA
Our fave Polish export since kotlet schabowy (a pork snack) has been getting sexier over the years. As you can see!



15 DANNI WELLS
Danni's ultimate shoot would be Kate Moss, Sienna Miller and herself. Now that's something we'd like to see!

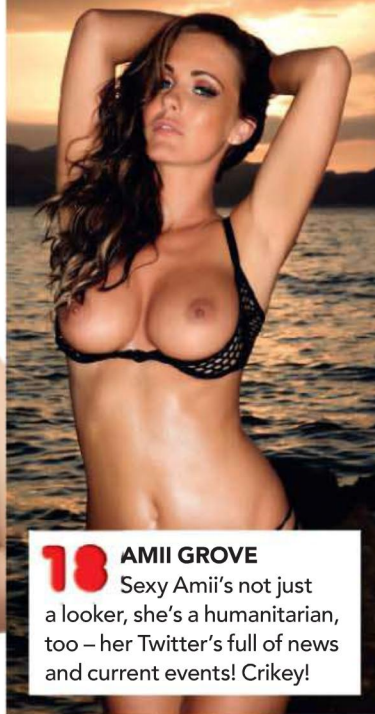


16 AMY GREEN
Amy's making her film debut in upcoming vampire film *Breaking Dawn*. We're off to reserve our seats now! ➔

BIG-BOOBED BABES



17 SOPHIE READE
Sophie's possibly the boobiest girl ever to emerge from the *Big Brother* house. And therefore the best, too!



18 AMII GROVE
Sexy Amii's not just a looker, she's a humanitarian, too – her Twitter's full of news and current events! Crikey!



19 KAYLEE CARVER
Hull fan Kaylee hasn't had a lot to shout about in the Tigers' season, but we're all shouting about her boobs!



22 NATALIE BLAIR
Look at Nat pushing her bosoms together to make them look bigger. This is what we call "not really necessary"!



21 POPPY RIVERS
Her name sounds like a beautiful place to visit. And Poppy certainly is a beautiful lady we'd like to visit!



24 HOLLY WILLOUGHBY
Gorgeous Holly has promised to tone down her revealing tops on *Dancing On Ice*. Boo!



25 GEMMA BISSIX
The last time we saw Gem, she was prancing about in a tiny dress on *Dancing On Ice*. We've still got it recorded!



26 DITA VON TEESE
This burlesque beauty used to be married to mad goth bloke Marilyn Manson. Bet their house was a laugh!



27 AMY DIAMOND
Ms Diamond was told she was "too sexy" for a West End musical role. Too sexy? Is that even a real phrase?



20 SOPHIA CAHILL
Sophia's left topless work behind to focus on the world of fashion – and we're still reeling from the loss!



23 KIM KARDASHIAN
Kim's one of those girls who are famous for not a lot. Still, if we get to see her in a bikini, we don't mind at all!



28 SOFIA VERGARA
Widely considered to have the nicest bum ever, Sofia's great boobs are often forgotten – not by us, though!



29 EMMA FRAIN
The Stoke-based babe's fave things in life are walking her dogs and drinking tea – not at the same time! ➡

BIG-BOOBED BABES

30

LACEY B

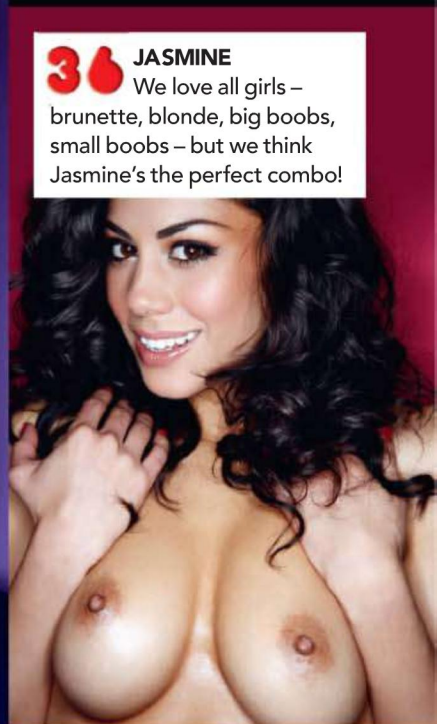
The Page Three Idol winner, one of our newest babes, has 32G boobs on a 5ft frame – she's a tiny miracle!



31

**ROCHELE
WISEMAN**

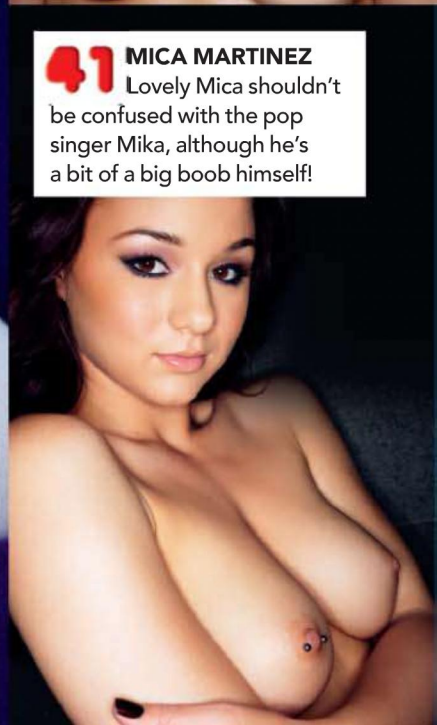
We love The Saturdays! Five hot girls who remind us of our fave day of the week. Brilliant!



36

JASMINE

We love all girls – brunette, blonde, big boobs, small boobs – but we think Jasmine's the perfect combo!



41

MICA MARTINEZ

Lovely Mica shouldn't be confused with the pop singer Mika, although he's a bit of a big boob himself!



32 DIORA BAIRD
The US beauty has been taking the film world by storm. We wish she'd take our office in the same way!



33 STEPHANIE MCMICHAEL
Another BB lovely, another set of lovely BB boobs! You know, we might actually miss it a bit!



34 MADISON WELCH
The 32FF bra-scarer once appeared on *Top Gear*. Bet even James May tried to drive quickly to impress her!



35 CHARLOTTE MEARS
Charlotte's made a living out of coping in the wilderness. Or was that Ray? We're a wee bit confused!



37 ZOE STOLLERY
If this was an A-Z of lovely ladies, we'd know it was time to hit the pub now. It's not, so let's just look at Zoe!



38 SOPHIE GRADON
If we could give the lovely Sophie a superpower, it'd be invisible hands. Imagine how amazing this pic could be!



39 RHIAN SUGDEN
The most amazing thing about this pic? The fact Rhian has her hands in her bra. 'Cos there isn't much room!



40 PETA TODD
Peta's one of our fave ladies. In fact, you might say she's "Peta" than the rest if, like us, you're a bit rubbish!



42 KATIE GREEN
Apparently, Katie was told to quit modelling if she didn't slim down. Obviously, we disagree completely!



43 LUCY BRIGGS
Lovely Lucy is the proud owner of remarkable 32E boobs – and here they are in all their boobalicious glory!



44 IMOGEN THOMAS
Imogen's Welsh, so why's she wearing Yank pants? Still, we'll let her off – she's smokin' hot!



45 VICTORIA MOORE
You're spilling your ice cream, Victoria! It's melting all over your boobs! Not that we're complaining. At all! ➡



46 FERGIE
The Black Eyed Peas songstress can sing, dance and has boobs that bring tears to your eyes – she's perfect!



47 ELLE
Die-hard Arsenal fan Elle wowed the Soccer AM faithful with her ventriloquism recently – and it was our idea!



48 CASEY BATCHELOR
Casey could make a killing with Bachelor's Super Boobies – no cooking required!



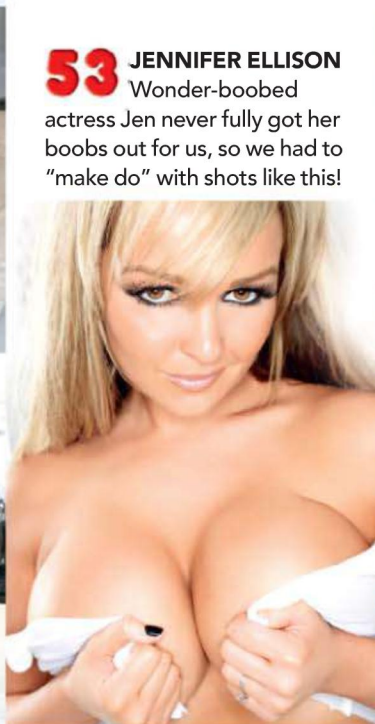
49 LISA SNOWDON
When Lisa decides enough is enough and pops off on hols, you can bet we'll be there too – just look at her!



51 SALMA HAYEK
Salma's boobs have been out in more films than we've had hot dinners – and our gut says we've had a lot!



52 MEL B
Formerly known as "Scary Spice", the only thing scary about Mel is how her boobs keep getting bigger!



53 JENNIFER ELLISON
Wonder-boobed actress Jen never fully got her boobs out for us, so we had to "make do" with shots like this!



54 CORIN FORSHAW
The proud owner of natural 30G boobs, it was only right that Corin revealed them for the first time in Nuts!



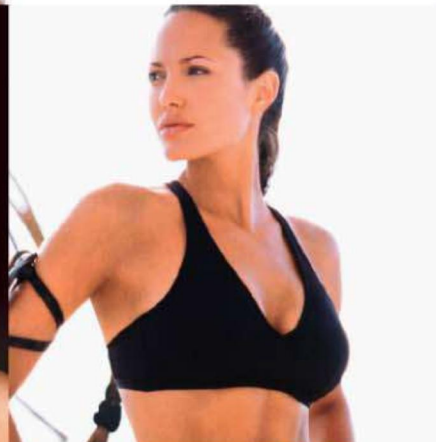
56 KATIA IVANOVA
The *Celebrity Big Brother* star is one hot little biscuit. We don't know what that means but it seems to fit!



57 SCARLETT JOHANNSON
Scarlett's pretty big in films, and she's got two pretty big things of her own to show off!



58 EMMA WATTS
Cross Emma Frain and Daisy Watts, and this is what you get – someone who's gorgeous and not at all shy!



59 ANGELINA JOLIE
Angie might be married to Brad Pitt, but we still hold out hope for a date with her. We're waiting, Ange!



50 **AMYLU BENNETT**
AmyLu has a tatt of a heart in a secret place – how secret? Well, you'll never see it in *Nuts*, so it must be private!



55 **KATE HOBAN**
Kate's got a dress sense we applaud – here she is failing to cover up with a revealing outfit. Carry on!



60 **SOPHIE HOWARD**
The gorgeous Sophie always impresses us when... what's the point? Is anyone even reading this caption?

61 **EMMA GLOVER**
Want to see Emma in a sexy outfit fighting zombies? Well, check it out at www.nuts.co.uk/residentevil ➔





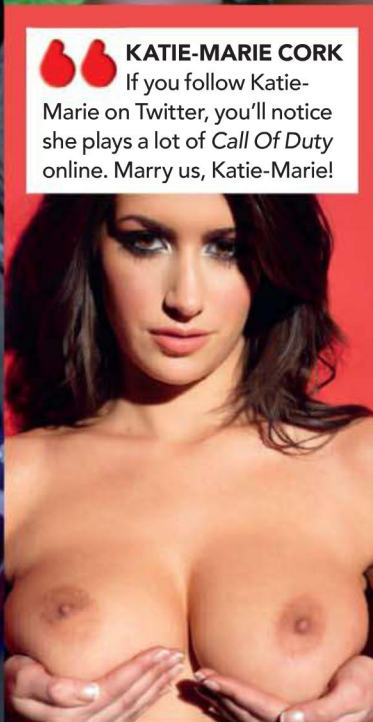
62 INDIA REYNOLDS
India might look sweet and innocent, but she's got a cheeky side – and a passion for flashing her boobs. Great!



63 CHANTELE HOUGHTON
Chantelle was the first “non celeb” to feature on *Celebrity Big Brother*. And here's why!



64 ROSARIO DAWSON
You can see Rosario's heavenly chest in all its glory in *Alexander*. Off you go to rent it then. We can wait!



66 KATIE-MARIE CORK
If you follow Katie-Marie on Twitter, you'll notice she plays a lot of *Call Of Duty* online. Marry us, Katie-Marie!



67 SAMMY BRADDY
Or, as she's known in the *Nuts* office, “Crikey, is it just me or have they got even bigger since last time?”



69 LORA LEIGH
You can't see it here, but Lora has a tatt of a flower across her tummy – still, we're happy just seeing her boobs!



70 DAISY WATTS
Daisy brightened up the *Nuts* office when she sent us a signed calendar with our birthdays marked! Legend!



71 CHARLOTTE HERBERT
Charlotte has a slightly funny surname – but there's nothing funny about those boobs!



72 CHELSEA WHITE
Bombshell Chelsea's not only a stunner, she's also a dab hand with a camera and takes her own sexy snaps!

BIG-BOOBED BABES

74 **DANICA**
The gorgeous Danica reckons the hottest girls in the world are the Victoria's Secret ladies. We think it's her! ➔

65 **MISSY**
A woman so bosomy, she doesn't need a second name. She *does* need a bra, but we're not telling her!

68 **EM DIAMOND**
The second lovely Diamond on our boob-filled list, sexy blonde Em truly is the jewel in our crown!

73 **NICOLA MCLEAN**
Nicola became a star after *I'm A Celebrity, Get Me Out Of Here*, and here are two of the biggest reasons why!

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75 ROSIE WHITEMAN
Rosie looks like she's uncomfortable in that tiny tee. Ladies, always wear a properly fitting top. Or just take it off!



76 GEMMA GARRETT
This is what Gemma wears down at the gym. Coincidentally, we've decided we need to work out more.



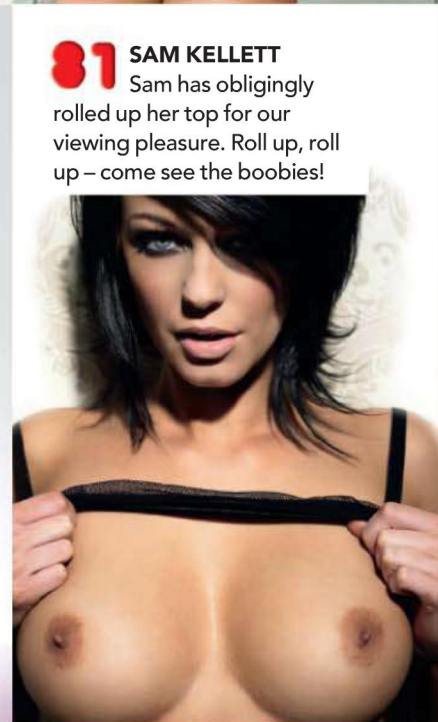
77 JENNY LAIRD
Sexy Jen says her favourite films are *Scarface* and *Chopper* – just another couple of reasons to like her!



78 PORCHIA WATSON
Porchia popped in recently to write Christmas cards for squaddies. So, not just buxom, but lovely with it!



80 KELLY ANDREWS
Fun-loving Kelly has such big boobs, she has to wear one bra on each! OK, that's not true, but it could be!



83 LEAH FRANCIS
We only usually print about ten per cent of Leah's interviews – the world isn't ready for her rudest answers!





79 KELLY BROOK
Kelly's acting career hasn't taken off as she hoped. Which means she might keep modelling. So, every cloud...



82 ARIANNY CELESTE
UFC's sexy ring girl is not only hot, she also knows people who could injure us. Better watch what we say!



84 LINDSEY STRUTT
Lindsey's best mates with Emma Frain, and they holiday together – imagine seeing them on a beach!



85 KELLY HALL
We'd like to apologise to Kelly for once mixing her up with Kelly Andrews – in our defence, you're both hot! ➔

BIG-BOOBED BABES

86 CHLOE SAXON

If every Sheffield lass looks like Chloe and has the same clothes aversion, we're on the first train there!



87 GEMMA HILES

Gemma's website is actually broken at the moment due to too many subscribers – she's that fit!



88 LEONA LEWIS

Sure, she might release album after album of warbly drivel, but just look at her – she's a stone-cold fox!



90 KATY PERRY

Katy had a big hit with *California Gurls*, so we know she can't spell – but she does have awesome boobs!



91 SAMMIE-JO

Sammie-Jo, we're big fans, but we'd respectfully suggest you're looking at the wrong bit of this picture!



92 SARAH BYRNE

Sarah's making our eyes "Byrne" by unveiling her sizzling front bumpers. We can write this stuff all day!

93 KITTY LEA

So far, our attempts to lure Kitty on a date by saying, "Here, Kitty, Kitty!" have been unsuccessful. No idea why!



95 RUBY JONES

It's another sexy, implausibly booby R Jones! And we're happy because we can't get enough of 'em!



96 SAM COOKE

Sam won a modelling competition in a paper a while back, and she's made it to the top by appearing in *Nuts*!



97 MARIA FOWLER

She sounds like an *EastEnders* girl, and we'd take on any wannabe gangster to get close to the lovely Maria!

98 SARAH R

Sarah's another new girl to the pages of *Nuts*. With boobs like hers, we'd be insane not to include her!





89 HELEN FLANAGAN

She owns the finest boobs in soapland, so we'd happily give our wages to a "Keep Helen on Hols" fund!



94 GRACIE LEWIS

Oh Gracie, Gracie, how we love your boobs and face-y! Alright, we promise to try harder from now on!



99 GEMMA ATKINSON

Just when we thought Gem couldn't get any better, she said she plays computer games on the bog. Marry us!

100 LUCY PINDER

Lucy thinks her boobs are looking better than ever, and it's hard to argue! Just look! Then look again! ■



OVERCOMING THE ODDS, EVERY WEEK!

Nuts salutes Ian Holloway's men

Nobody gave Ian Holloway's Blackpool team much of a chance of surviving a Premier League season when they were promoted in May. But somehow, using a combination of genius tactics, beautiful football and players we've never heard of, the Tangerines have more than held their own, beating big teams and surprising everyone along the way. They're keeping it real in a time when other players are throwing their toys out of the pram over not getting paid enough! We love the Tangerines, we know you do, too (apart from you, Preston fans!) and here are just a few of the reasons why!

1 IAN HOLLOWAY!

Not only the funniest man in football, Holloway has shown this season that he knows exactly what he's doing. And he gives the most entertaining press conferences ever seen!



2 CHARTERDADIM!

Brother! then does't tender
feet a pair of trowsers
Bards people's puffed up
Gardigal away, and stuffed
Widely's fine comb, and
Scott's Will has been there!

3 CHARLIE ADAM!

When scientists tested roller
 balls of 650K, that changed color
 for footballer Charlie Kempch,
 they came up with med into a
 flatter cental between Lionel
 Messi and Cristiano Ronaldo!

PROPER PITCH!

4 THE PITCH!

Blackpool's pitch was frozen over Christmas because they couldn't afford undersoil heating, so three games were called off. Still, it meant the players had a nice long break!

5 THE KIT!

When scientists tested the most distracting colours for footballers on the pitch, they came up with fluorescent tangerine – which happen to be Blackpool's colours. Cool!

COLD SHOWERS!

6 THE FANS!

Always in fine voice, the local fans don't care if their team win, they're just enjoying life in the Premier League. And probably eating loads of fish and chips! Keep it up, lads!

7 THE SHOWERS!

Liverpool's woe after losing at Blackpool was compounded when they were forced to have cold showers. "This is the third time it's happened!" said Holloway. Smiling, no doubt!

PASS MASTERS!

8 THEIR FOOTBALL!

Blackpool's success hasn't been built on hitting the ball long. Instead, they spray the ball around using a style that puts most teams to shame. They're like a Lidl Barcelona!

9 THEY SING, TOO!

Not only are the Blackpool boys top footballers, they've also lent their voices to a charity single recently! Let's get it to number one. And hope Ian Holloway raps on it!

10 ROLLERCOASTERS!

If visiting fans get bored of seeing their team battered by the Tangerines, they can just nip to Blackpool Pleasure Beach down the road and go on the rollercoasters! Result!

KAMMY!

**ONLY IN
Nuts!**



He's the voice of the fans – and he's only in *Nuts*!

"Hello Tottenham...
oops, wrong shirt!"



Darren didn't do it for the money!

I have to say from the off that I don't blame Darren Bent for moving to Aston Villa last week in a massive deal from Sunderland. Is he worth £24million? No, he's not, but he's a goalscorer who's second only to Drogba and Rooney in the Premier League in the past five years, and Villa know what they'll be getting for their money – plenty of goals.

I think in Darren's mind, he believes Villa are a club on a par with Spurs in terms of size and potential, and he hasn't got over not succeeding at White

"Bent hasn't got over not doing well at Spurs"

Hart Lane like he feels he should have done. Quite why Harry Redknapp didn't feel he could do the job at Spurs isn't something I know, but he's going to be under a lot of pressure at his new club. I believe he wants to show the world that he can cope with the massive price tag.

His wages have more than doubled with this deal, and to those fans who think he's sold Sunderland out, I would ask them: if they had the chance, would they not do the same?

Sunderland fans will be rightly upset that Bent has chosen to leave them halfway through a very good season, but they have Danny Welbeck and Asamoah Gyan to play together up front, and Bent

didn't show any signs of being able to partner either of them.

Sunderland can invest the huge amount of money they'll get from the deal (though Spurs do take a chunk from clauses when they sold him to the Black Cats), and Bent leaving won't be the end of their season, just as long as Welbeck isn't out too long with his injury.

This isn't another story about a player who's only interested in money, more a player who believes he can really thrive at a club that could be (in his own mind, at least) as big and successful as Tottenham.

He wants to break into the England side and maybe he can do that at Aston Villa. He'll have to start scoring goals straightaway, though.

Bent's massive transfers



Ipswich to Charlton – £5.3m



Charlton to Spurs – £16.5m



Spurs to S'Land – £10m



S'Land to Villa – £24m

TOTAL – £55.8M

**KAMMY'S
UNBELIEVABLE-
OMETER™**

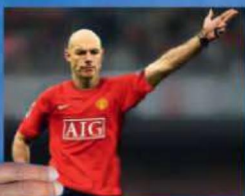
**UNBELIEVABLY
GOOD!**

WELSH WONDER

The incomparable Ryan Giggs played his 600th game for Man United last week, and is easily up there as the best player in the Prem's history.



**UNBELIEVABLY
BAD!**



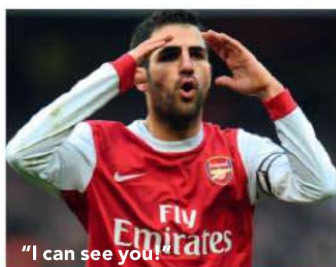
FA TWITS

Having fined Ryan Babel £10,000 for tweeting a pic of ref Howard Webb in a Man United shirt, shouldn't the FA donate that money to charity?

"No, I'm not Lando bleedin' Calrissian!"



ME AND KAMMY CORNER!
Me as Jabba the Hutt on my stag do – then Kammy popped in!
Christian, Shoreham on Sea



"I can see you!"

**Kammy
needs you!**

Send your jokes, pics etc to kammy@ipcmedia.com. The sender of the best each week will win a signed Nuts T-shirt!

**Denilson's right
about Cesc!**

A lot of fuss was made over Arsenal midfielder Denilson's tweets about his club captain Cesc Fabregas, when the Brazilian said he didn't think his skipper was a great leader. The truth is that Fabregas leads by example. I understand what Denilson's saying, like when a team has their backs to the wall, you need to hear words of encouragement. Fabregas has brushed it aside, but I still think the Spaniard will be heading for Spain and Barcelona this summer – perhaps Denilson is just after his skipper's place!

**Chris'
crystal
ball!**

Chris predicts the week's big games!

**1 BLACKPOOL VS MAN UTD
25 JAN, 7.30PM, ESPN/HD**

"If United play the way they have been lately in terms of attacking, then I can see them exploiting the weaknesses in Blackpool's defence. Away win for me."

KAMMY SAYS: 0-3

**2 LIVERPOOL VS FULHAM
26 JAN, 8PM**

"I think Liverpool are turning the corner under King Kenny, and Fulham simply don't travel well at all. I reckon this'll be a steady win for the Reds."

KAMMY SAYS: 2-0

**3 EVERTON VS CHELSEA
29 JAN, 12.30PM, ESPN/HD**

"What a great game this could be in the FA Cup! It's a tough one to call, so I'll go for a draw this time, with Chelsea to win the replay back at the Bridge."

KAMMY SAYS: 1-1

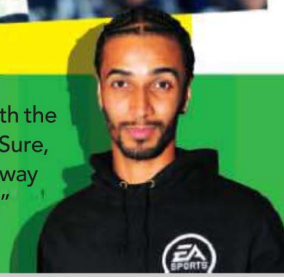


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ASSOU-EKOTTO SAYS: "Feel the burn with the lateral arm raises on EA SPORTS Active 2. Sure, it'll sting a bit afterwards, but it's a great way to get your upper body tight and taut!"



Nuts EXCLUSIVE!

Van der Vaart: 'Spurs can win the league!'

Nuts chats with the Prem's new Dutch import

Hiya Raf! You're scoring loads of goals and have taken to English football amazingly well. Were you surprised to sign for Spurs?

It was a last-minute call, really. I saw how the manager reacted, which was great to see, and I think the club are happy with me. The fans come to White Hart Lane to see good things and good games. It's great to be playing here. I knew Harry, but I was also familiar with the players, so I knew I was going to play for a good team.

Were you scared by how tall Crouchie was when you first met him? Nah, he's fantastic. Peter is a nice guy and also a great player. He's a big guy but he also has great skills. For me to play behind a player like Peter is easy. You put the ball in the box, he heads it down and I'm always there to kick it in the net.

You've played in some of Europe's best leagues. What's the difference between them? Holland is the best school to learn football. It's a good league but not the strongest league in Europe. In Germany, it's very physical. And in Spain, they love to play football. They especially try to build up their technique. And then I came here. When I was playing my first game, I was not used to the speed of the game. It was so fast. Now it's getting better, but I did have problems. The league here is much stronger, because in Spain you only have

Barcelona and Real Madrid. Here, you have many good teams, and you have to fight every game to get the points.

Who was your idol growing up?

My biggest idol was always Romario. He was playing in Holland at the same time as me

and I loved him! His skills and his technique made him a great player. He's my idol and I liked his style. Sometimes for the whole game he was almost like he was sleeping and then one moment, he was there.

Who's the best player you've played alongside? There have been many good players, but probably Wesley Sneijder. I think we can play great together. There's a feeling between us. We were together at the Ajax youth team, through to the first team, and then again at Real Madrid and the national team, it meant something.

How are you settling down in England? London lifestyle is totally different. In Spain, it was always nice weather. You can't say that about England! It's nice to be here though, because I like this kind of lifestyle, it's similar to Holland. It's a great city, a big

city, and I'm really enjoying my time playing football here.

Do you get mobbed a lot? I'm a normal guy. I want to get into the lifestyle here in England. I'm not hiding. I want to go for nice dinners, I want to go shopping, you know? I want to do the

normal things, and if someone wants a photo or an autograph, then it's no problem for me. **With Jermain Defoe coming back soon, do you think you can form a good partnership with him?** It's great to play with him. I think he is one of the best strikers in England. He scores so many goals. He played in front of me and is a great striker in terms of movement, and trying to find space where I can pass to him. It's really exciting to play with him.

What do you get up to away from football? I like

to watch television and teach my son to play football. Sometimes I like to play table tennis, but I'm quite a busy man!

Jermaine Jenas says you've got quite an interesting taste in music. What's on your iPod?

Before a game, you always listen to your iPod. And I had some

Spanish music on, and some Dutch music but they didn't like it, so I got rid of it! I love Dutch music, but you won't have heard of it! Jermaine Jenas is the leader, he's like a DJ, so he's the main man.

Because you're Dutch, you must love cheese, but what English food do you like? I'm not really into English food!

What? Not even fish and chips? Not really, no!

Can Spurs win the title? Yes, I think so. We have the squad. At home we play fantastic. I think everybody is scared to come to White Hart Lane. We also have to win, with respect, the little games, because against the big teams we have a good record. At Spurs, we believe we can win the league. It would be a dream for everybody. There's a long way to go and it's going to be difficult, but why not?

Do you think Spurs need any players to take them to the next level? No, I'm happy with the team because we have great players and we are going to play for more years together. I think in the future, Spurs are going to have a great team. I don't want to talk about players who have to leave or come, I'm happy with the team now.

Rafael van der Vaart wears the new Nike CTR 360 Maestri II, a boot that helps the playmaker to receive, control and distribute the ball to take control of the game. On sale now. For more info, visit www.nikefootball.com



"Exits are on the left!"

MANAGER!



"Guess who sponsors me?"

STRIKER!

A Tottenham Hotspur player is shown in a celebratory pose, pointing upwards with his right hand. He is wearing a white Tottenham Hotspur jersey with dark blue accents on the collar and sleeves. The jersey features the Tottenham Hotspur crest on the left chest and a large 'Autonomy' logo in the center. The background is a blurred stadium at night with bright lights.

**'Everybody is
scared to come to
White Hart Lane'**

PREMIER PLAYMAKER!

"Look what
I found up
my nose!"

Fulham vs Spurs

30 Jan, 4.30pm, ESPN/HD

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BACK ISSUES

For all Nuts back issues, call John Denton Services on 01733 385170, fax 01733 239356

FOOTBALLERS' CARS!

It's what your turnstile money pays for! In association with **active2**

THIS WEEK...

Anderson's new Mercedes SLS AMG!

It gets him to the bench on time!

There was good news and bad for Man United's Brazilian midfielder Anderson not long ago.

The bad news? He pranged his Audi R8. And the good? Being a Premier League footballer, he just nipped out to the shops and picked up an awesome 200mph Merc tuned by AMG. Bet his team-mates didn't take the mick when he pulled up at training in this. They saved that for his hair!

The stats!

- 0-60mph: 3.8 seconds
- Top Speed: 197mph
- Max Power: 563bhp
- 6.2-litre V8 engine
- This Merc is on the cover of *Gran Turismo 5*! It's also so speedy, it was the safety car for last year's F1 season!



"I'll let you out if you start me, Fergie!"

0-60 IN 3.8 SECS!

£160,000

"I'll give you a lift, just stop taking photos!"



active2

easportsactive.co.uk Out now £54.99

ASSOU-EKOTTO SAYS: "EA SPORTS Active 2 shows you how to stretch and warm-up properly. Don't dodge this – not only does it help avoid injury, your performance will be better!"



RING OF TRUTH!

Football seen through the *Nuts* comedy glasses!
In association with **active2**

"I heard a good rumour about Mourinho..."

ONLY IN Nuts!

TINY!

CALL ME!

"Hmm. This is passably pleasant"

KENNY DALGLISH IS COOLER THAN THE FONZ

AND OLDER!

"OK, who set me on fire?"

STEAMY!

WAHEY!

"Must you do this every time you drop one?"

CUP IT!

"Well, I don't know why Beckham's looking so pleased!"

PAINFUL!

CURVY!

"Yay! The burger van's opened!"



active2

easportsactive.co.uk Out now £54.99



ASSOU-EKOTTO SAYS: "Get started with one of EA SPORTS Active 2's three-week mini programmes. They'll get you motivated and give you a solid fitness base to build from. Essential!"



MAN-LOVE CORNER!



HUG ME!

"Come on, show me some love!"



SPANKY!

"I'm going to hit that caption in a minute!"

"Anyone else want me to mind their coat?"

SUAVE!



"Pull my finger, Invisible Man!"

NUTTY!



HEY, SEXY!

"I'm not sure about this new away strip!"



SNOG!

"Er... we talked about this, remember?"



PICK UP!

"And now I carry you back to my hotel!"



"Mmfff!"

GO DOWN!

NUTS PROMOTION

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GAMES**

**Try our casino
and slot games!**

Nuts man tried his hand at these top casino and slot games and won loads of cash! Now it's your turn! Join today to claim our special £20 Free Play* offer and you could be in the money!



**NUTS
MAN TRIES:
CASINO
GAMES!**



PLAYABILITY: 9/10 PAY-OUT POTENTIAL: 8/10 CASH MADE: £9



PLAYABILITY: 10/10 PAY-OUT POTENTIAL: 6/10 CASH MADE: £25

**NUTS
MAN TRIES:
SLOTS!**



PLAYABILITY: 6/10 PAY-OUT POTENTIAL: 8/10 CASH MADE: £9



PLAYABILITY: 7/10 PAY-OUT POTENTIAL: 4/10 CASH LOST: £9

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gambleaware.co.uk

jackpotjoy.com

'QUOTE ME ON THAT!'

This week's biggest match debaters! In association with **active2**

"Middlesbrough haven't got any footballers"

Paul Merson spots a problem

"You can smell the confidence in our dressing room"

Are you sure that's what it is, Phil Neville?



"Man City, Arsenal and Spurs have got the best chance of winning the title. Apart from Chelsea and Man United"

Terry Venables hedges his bets – big time



"Next season I'll probably be lining up for my mate Nutty's Sunday pub side"

Robbie Savage's career prospects don't sound great

"If David Beckham practised a bit more and learnt to cross a ball, he could have a chance in the game"

Harry Redknapp spots a promising youngster

"Well done to West Brom. They ran off and took our female cockerels with them"

Cock and bull from Ian Holloway

"Wayne Bridge has got a bit of reserve-itis"

West Ham coach Wally Downes on a strange new plague

"I think Blackpool will finish between ninth and 11th"

Er, that'll be tenth then, Matt Le Tissier

"I wouldn't know which way Tuncay puts things into his computer"

Stoke boss Tony Pulis isn't a techy

'OO-ER SOUNDS A BIT RUDE' CORNER!

"Sometimes it can get lost that I toss things off"

David Bentley admits to using his hand

"As an international manager I have players all night"

Sven Goran Eriksson – night owl

"If only I had meat and two veg"

Sounds like West Ham MD Karren Brady wants some action



BENOIT ASSOUEKOTTO SAYS: "Beer belly? Try 'Crunches With Punches' on EA SPORTS Active 2. It works both lower and upper abs, so by the summer, you'll have a six pack to show off on the beach!"



Nuts PROMOTION

The Town – the heist

Welcome to Charlestown, where men make a living robbing banks!

Robbing banks isn't easy, as you'll see in ace new heist movie *The Town* – these are serious robbers pinching some serious money!

From the studio that brought you *The Departed*, it kicks off with four men led by Doug (Ben

Affleck, who also directed *The Town*) deciding to rob a bank in Charlestown, Boston, the bank robbery capital of America. But it goes pear-shaped when one of the team, Jem (Jeremy "The Hurt Locker" Renner)

takes a rather attractive bank manager hostage!

It's an intense thriller, with more guns than you can shake a stick at, action, money and the FBI (led by John Hamm from *Mad Men*), not to mention the awesomely hot

Blake Lively and Rebecca Hall! It's a new action classic! And the Blu-ray comes with a special edition extended cut. This is one heist film not to be missed!

Buy your copy on Blu-ray and DVD from 31 January.



THE TOWN IS RELEASED ON BLU-RAY AND DVD

movie of 2011!

Bank robbery gone wrong!

The bank robbers in *The Town* are a serious crew with every detail of every operation meticulously planned for success, unlike the idiots who carried out these failed heists...

- A bank in Germany was robbed at gunpoint and the thief escaped with €15,000 (£12,500). Witnesses said the suspect was a woman with "a very large backside".

A few weeks later, one of those eagle-eyed witnesses was in a queue in the same bank when he saw the same bum. He said he'd "never forget anything that big".

- A 70-year-old who's been dubbed the "Geezer Bandit" held up five banks in San Diego in the summer of 2009. He escaped on foot. We're not sure how he wasn't caught – how fast was he going?

- A mum used her son as a getaway driver so she could pinch £150,000 from French and German

banks last year. She claimed she'd carried out the hold-ups as "revenge against society and the banking system".

- In August 1975, three men were on their way in to rob the Royal Bank of Scotland at Rothesay when they got stuck in the revolving doors. They

were helped free by staff and sheepishly left. Minutes later, they returned and demanded £5,000. One bloke jumped over the counter but fell to the floor clutching his ankle. The other two tried to make their getaway, but got trapped in the revolving doors again. Priceless.

A group of men tried to steal 12 diamonds at the Millennium Dome in 2000. Little did they know, the real gems had been replaced with replicas days earlier.

Bank jobs – the big numbers:

- There are 22 people on the FBI's most wanted list, all being sought for bank robberies.
- Just like in the movie *The Town*, in 1990, two robbers dressed as cops entered the Boston Museum via a security entrance, handcuffed the guards, bound them with duct tape and stole a whopping £200million worth of paintings! The museum were foolishly uninsured and couldn't claim a cent! Incredible!
- Charlestown in Boston, where *The Town* is set, is only one square mile with a population of 15,000, but it's famous as the bank robbery capital of America, with over 300 bank jobs a year carried out there – more than in any other US town.
- Back in 1987, two men entered a Safe Deposit Centre in Knightsbridge, London, and requested the hire of a box. Once they'd gained entry to the vault they pulled out some guns, overpowered security and let some of their crew in the building. They left with a weighty hoard of about £40million but police picked up a fingerprint and busted the gang.
- The Securitas Depot robbery, which happened in 2006, became the largest cash theft in British history when a group of thieves took the manager's family hostage as a way of persuading him to comply. It worked.



ON 31 JANUARY

Nuts REAL GIRLS

THE BEST OF BRITISH HOTTIES!



BEDROOM BABE!

DANIELLE 23, Essex, administrator
"My favourite sexy outfit? I can't say – I have loads! But I'm best known for wearing not many clothes at all!"

Want to be a Nuts model? Only work with official Nuts staff. If you're approached by a photographer, call us on 020 3148 6927 to confirm they're genuine.



"I have a tattoo
above my
bum - 'PG' for
Party Girl!"



**TURN TO VOTE FOR OUR
NEXT BEDROOM BABE!**

BRING. IT. ON!

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UP WITH BAMMA**
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PLUS A CHANCE TO **WIN ONE PAIR OF TICKETS PLUS EXPENSES**
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www.pkr.com/nuts

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Please gamble responsibly. For more information
and advice visit www.gambleaware.co.uk.



PKR
let's play

BEDROOM BABES!

Vote for your favourite – and she'll star in *Nuts*!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

**ONLY IN
Nuts!**



Hattie

18, Amesbury, promotions

"If a lad smells nice and wears decent trainers, it makes him much more attractive!"



Laura

24, Ashby, hairdresser

"My bum's very peachy, and I've got nice legs – they're the best parts of my body!"

Sophia

22, Liverpool, finance

"I've got some super-sexy Victoria's Secret underwear that I wear in the bedroom!"



Mallissa

23, Cardiff, tan therapist

"One day, I dressed in a really short skirt and had my way with a fella in his work van!"

Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of *Nuts*! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

PAGES 68-69: PHOTOS: PAUL MUSSO
STYLING: SARAH COOK HAIR & MAKE-UP: SAM CAREW

**ONLY IN
Nuts!**

REAL GIRLS, REAL PLACES!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 60. You must be at least 18 years old.

THIS WEEK:

Name: Rachael

Age: 21

Boobs: 32EE.

"I love having big boobs!"

Likes: "Muscles!"

Ever kissed a girl?

"Yes, just for fun!"

Strangest place you've had sex?

"In the back of a van!"

Sex tip: "Lick my ears!"

Rachael's tour of Crowborough

Nuts hits Sussex to find another cutie!



HELLO!

Rachael on... her home!

"We're in East Sussex. It has nice walks but there aren't many shops and there's only one pub, so it's a bit boring. I head out of town instead!"



Rachael on... keeping fit!

"I do a lot of exercise! I take pole-dancing lessons and lots of different exercise classes, and I do 500 sit-ups every day. Plus I walk as much as I can!"



Rachael on... sleeping!

"I go to bed at about two and get up every morning at nine. I'm a very agitated person, so I can't sleep unless I'm really tired. I'm a cuddler in bed!"



**Rachael on...
her boobs!**

"I'm very small but my 32EE boobs get a lot of attention. I love them – they make me feel womanly. My friends always want to feel them!"



**Rachael on...
eating healthy!**

"I try to eat as healthily as I can – the secret is not to over-eat, so I try to stick to small portions. My weaknesses are biscuits and cheesy chips!"

**"My boobs
get a lot of
attention!"**



**Rachael on...
chilling out!**

"My friends and I always get together to watch *The Only Way Is Essex* for a good laugh. Other than that, I love thriller, comedy and kung-fu DVDs!"



**Rachael on...
getting ready!**

"I love listening to music in the bath to properly relax before a big night out. I can do my hair, make-up and all the rest in about half an hour!"

Goal-scoring on the go!

The top Facebook football game **Soccer Hero** is now available on the App Store



Put your goal-scoring skills to the test in this addictive high score chasing game.



**ONLY
59p**



4 game modes to test your ball skills (Training, Quick Match, Tournament and Golden Boot Challenge)



Challenge your Facebook friends to take on your weekly high score

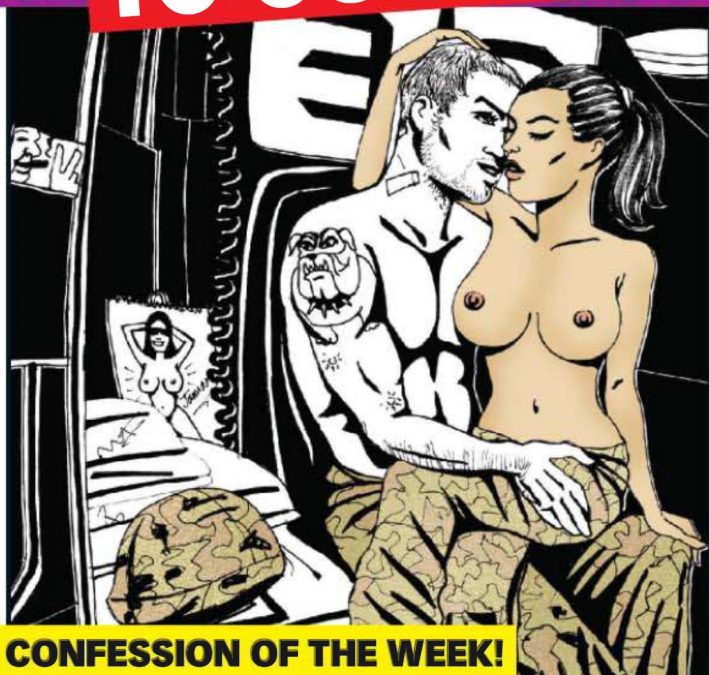
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LADIES CONFESS!

**100%
REAL
STORIES!**

TO OUR SECRETARY!

IT'S LOU!



CONFESSION OF THE WEEK!

'His toned body turned me on'

Being on ops in Afghanistan is really tough, so any light relief's a bonus. After a patrol one day, we were back on base and had just parked our vehicles up for the night, when I noticed the lad I'd had my eye on was stood on his wagon topless, brushing his teeth, so I asked if I could take a look in his wagon. He smiled and pulled me up. I gave his bulge a cheeky squeeze and felt him growing harder, as he grabbed my hips and pulled me closer. I kissed him hard then, dropping to my knees, licked his shaft as he gasped and came. Afterwards, we went our separate ways, as if nothing had happened! It was the most enjoyable experience of my tour – and I'm looking forward to the next!

Shauna, Afghanistan

'I wanted to go with a woman'

My mate held an Ann Summers party with her older sister, who's very confident and sexy. After some cocktails and lots of fun trying on skimpy outfits and

uniforms, I picked up my little bag of goodies and made for the door, only to find the sister jumping in my cab, too. Along the way, we started discussing our fantasies and I told her I'd always wanted to go with a woman but had never had the

right opportunity. She looked me straight in the eye and started to giggle. I felt my cheeks flush with embarrassment as I got turned on and gradually moved closer to her so we could snuggle on the back seat. Without saying another word, she moved her hand up my skirt and pulled my knickers to the side, then expertly pleased me with two fingers as I tried not to make a sound or wriggle around in my seat too much. It felt so good and I'm sure the cabbie knew what we were up to!

Natalie, Essex

'I drove my boyfriend wild'

I was on a bus back home from a night out with my fella, when the lights suddenly went out. I didn't waste a second and started whispering dirty things in his ear, before cheekily biting his lower lip and working my hands into his jeans. He very quickly became aroused and I was so turned on by his bulge that my thong was soaking. I bent over to start working on him with my mouth, kissing him up and down. He loved this and soon let out a big groan. As I sat up and licked my lips, I noticed the two-way mirror over the driver's head. We both laughed, and thought that the driver probably got a good show that night. When we got home, we were still turned on from our antics and we did it for hours!

Megan, Dorset

'The windows steamed up'

Last weekend, my man and I decided to go to Alton Towers, but while we were queuing for one of the rides, we got caught in a huge rainstorm and had to run back to his car to dry off. As soon as we got inside, the sight of his soaked clothes sticking to his toned muscles really turned me on, so I pulled him close and gave him an enormous snog. He then eased my jeans down, pulled my knickers to the side, and slid straight inside me. Within seconds, the windows got totally steamed up and I desperately tried to hold back, as I could hear people all around us. It felt so amazing though, and I couldn't help myself as I started grinding down hard on him with all the energy I could muster. It felt so naughty knowing that loads of people were nearby, and I'm sure they guessed what was happening in the rocking car! But we really didn't care. I think it's safe to say that our wet frolic was the best ride my man got all day!

Jane, Winchester

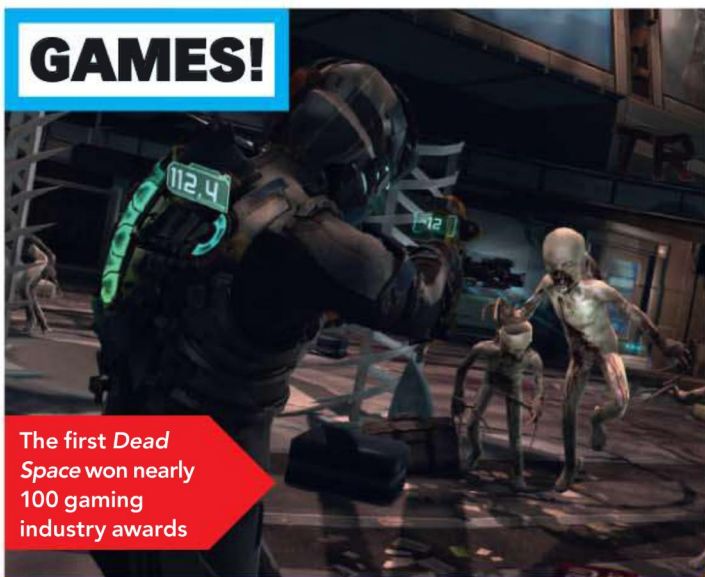
Win £50!



Ladies, send your raunchiest confessions to louise_prior@ipcmedia.com or to the address on page 60. The best one each week* wins £50! Come on, girls!

Nuts REVIEWS

GAMES!



The first *Dead Space* won nearly 100 gaming industry awards

DEAD SPACE 2

PC, PS3, XBOX 360



The terrific 2008 sci-fi horror gets a shriek-quel, and it's even more space-suit soiling than before. It's now set in a huge intergalactic city,

where you're fighting twisted human mutants in a more action-oriented, but no less unsettling, game. Plus now, there's a multiplayer option, too. Trust us, you need this in your life! ★★★★★



MAXPLOSION

IPHONE, IPOD TOUCH



59p of gaming goodness! It's a toony puzzler where you explode your man to his level exit while collecting stuff and taking out sentries. Great fun for an amazing price! ★★★★★

CATCHA MOUSE

IPHONE, IPOD TOUCH



Silly strategy game where you set traps to stop rodents from jumping down holes so they have no option but to hit a trap. Starts easy, becomes fiendish and a great fun journey-gobbler. ★★

APPS!



URBAN KRAV MAGA

IPHONE, IPOD TOUCH, IPAD



Kick butt like Jason Bourne with 90 mins of mixed martial arts moves anyone can learn! ★★★★★

SKY+

IPHONE, IPOD TOUCH, IPAD



Search what's on telly and – the best bit – remotely set your Sky+ with it! Handy or what? ★★★★★

DVDS/BLU-RAY!



This is Ferrell and McKay's fourth film collaboration

THE OTHER GUYS

CERT 12 DVD & BLU-RAY



Brush off those January blues with some Will Ferrell-inspired silliness! Directed by Adam McKay, it follows warring NYPD detectives Ferrell

and Mark Wahlberg after they're reduced to taking dull desk jobs in the force, until the chance to investigate one of the biggest crimes in years presents itself. Predictably, it doesn't go as planned, leading to action and hilarity in equal measure. ★★★★★

BLACK DYNAMITE

CERT 15 DVD & BLU-RAY



Spoof of '70s blaxploitation crime thrillers, starring Michael Jai White as a former CIA agent out to rid the streets of drug dealers and gangsters. Hilarious. ★★★★★

BROTHERHOOD: SEASON 2

CERT 18 DVD



Excellent second series of the gritty drama following the lives of two brothers – one a politician, the other a criminal involved in New England's Irish Mob. ★★★★★

UFC 119: MIR VS CRO COP

CERT N/A DVD



Over five hours of footage from last September, including the main event – the dust-up between American Frank Mir and Croat Mirko Filipovi. ★★

MUSIC!



TI

NO MERCY



Enlisting the likes of Kid Cudi, Eminem, The Neptunes and Pharrell,

Ti blitzes us all with assured, yet ultimately forgettable, chart-oriented R&B. ★★★

COLD WAR KIDS

MINE IS YOURS



Those smarty-pants rock fellows from America who've appeared on

Soccer AM thrust out their third collection. And a fine old shouty thing it is, too. ★★★★★

MOVIES!

Lead actor Lee
Turnbull had a
bit part in Nick
Love's *Outlaw*



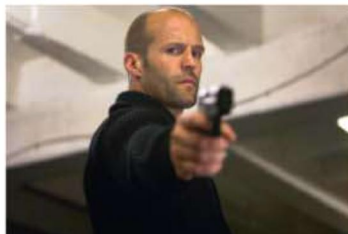
It was shot on
the streets of
London for
under £1million



ZEBRA CROSSING CERT 18

This British crime thriller is the real deal. The tale of four young men in south London falling into – and trying to scramble out of – a life of petty crime, drugs and violence

is stylish, grimly realistic and heart-rending. An award-winner at fancy film festivals, this story of childhood friends on different paths is gripping stuff. ★★★★★



THE MECHANIC CERT 15

Jason Statham is back in a remake of the '70s Charles Bronson thriller playing an elite assassin. Fast cars, gunplay and Swedish supermodel Mini Andén – it's got the lot! ★★★



BIUTIFUL CERT 15

Javier Bardem (the killing machine in the Coen Brothers' *No Country For Old Men*) stars in a grimy Spanish thriller from the makers of *Babel*. Top stuff! ★★★★★



computers and blues tour

plus special guests **Brother + Engine-earz**
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wed	23	oxford O2 academy SOLD OUT
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sat	05	london brixton O2 academy 0844 477 2000
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Nuts!
7-DAY TV
LISTINGS
GUIDE!



"No, sir, you can't bet it all on black or red!"

"Sorry, my left eye's shy!"

TUESDAY

It's the new *Sopranos*!

Boardwalk Empire **Sky Atlantic, 9pm**

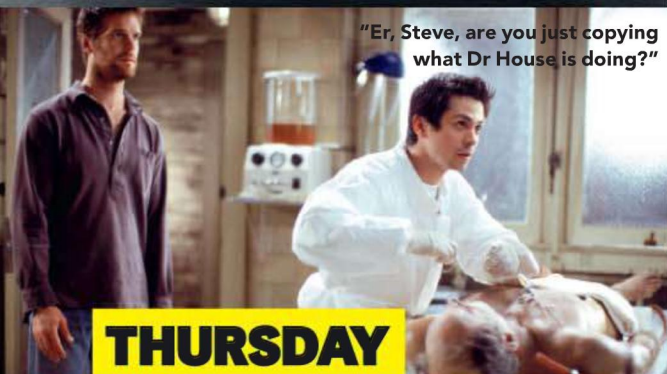
"Are my ears sticking out?"



SUNDAY

More motor mayhem!

Top Gear **BBC2, 8pm**



"Er, Steve, are you just copying what Dr House is doing?"

THURSDAY

First ever episode!

Six Feet Under **Sky Atlantic, 9pm**



TUESDAY

Billie's back as Belle!

Secret Diary Of A Call Girl **ITV2, 10pm**



Everton vs Chelsea

SPORT **ESPN, 11.45am** An Everton side struggling to match last season's form take on a Chelsea side struggling to match etc. This should be an interesting contest, though. ★★★★★



Hulk

FILM **ITV1, 1.50pm** Eric Bana stars as scientist David Banner, whose experiments with gamma rays turn him into a powerful green giant whenever he gets angry. A strangely muted and sombre superhero flick. ★★★



From Dusk Till Dawn

FILM **Channel 4, 12.20am** Part road movie, part vampire flick, this stars George Clooney and Quentin Tarantino as brothers who kidnap a family and... just watch it! ★★★★★

6 AM

7 PM

1 AM

<p>one</p> <p>6am Breakfast 10.00 Saturday Kitchen Live 11.30 Baking Made Easy (R) 12.00noon BBC News, Regional News, Weather 12.15pm SPORT Football Focus 1.00 SPORT Australian Open Tennis: The women's singles final. 2.00 LIVE Athletics 4.30 SPORT Final Score 5.15 BBC News, Regional News, Weather 5.40 Hole in the Wall (R) 6.10 All New Total Wipeout</p>	<p>two</p> <p>6am CBeebies 7.00 CBBC 12.00noon FILM Never Cry Wolf: Wildlife drama based on a true story starring Charles Martin Smith. 1.40pm Coast (R) 1.50 Diagnosis Murder (R) 2.35 Flog It! (R) 3.35 Escape to the Country 4.35 FILM Rabbit-Proof Fence: Drama. 6.00 Are You Being Served? (R) 6.30 The Story of Are You Being Served? (R)</p>	<p>itv 1</p> <p>5.30am ITV News 6.00 CITV 9.25 Coronation Street 11.45 This Morning: Saturday 12.45pm Rosemary & Thyme (R) 1.45 ITV News, Weather 1.50 MUST-SEE Hulk: Sci-fi fantasy starring Eric Bana. 4.20 Regional News, Weather 4.30 ITV News 4.45 LIVE FA Cup Football: Southampton vs Man United in the fourth round, kick-off 5.15pm.</p>	<p>4</p> <p>6.05am Sali Mali (R) 6.10 The Hoobs (R) 7.00 SPORT The Track and Field Show (R) 7.25 GT Academy (R) 7.55 SPORT The Morning Line 8.55 T4: Friends (R) 9.25 Shooting Tinie Tempah 9.55 Friends (R) 10.25 Glee 11.25 Friends (R) 11.55 Lady Gaga: Real Stories (R) 12.55pm The Big Bang Theory (R) 1.55 LIVE Channel 4 Racing: From Cheltenham and Donny. 3.55 Come Dine with Me (R) 6.30 News 6.55 4thought.tv</p>	<p>5</p> <p>6am Milkshake! 10.00 Meals in Moments (R) 10.10 Animal Rescue Squad (R) 10.30 How Do They Do It? (R) 11.00 Time Bomb Tunnel: Megastructures (R) 12.00noon Ice Road Truckers (R) 1pm FILM Before Winter Comes: Comedy drama starring David Niven. 3.00 FILM Corrina, Corrina: Romantic drama starring Whoopi Goldberg. 5.20 Five News 5.25 FILM Legally Blonde 2: Red, White & Blonde: Comedy sequel starring Reese Witherspoon.</p>	<p>sky1</p> <p>7pm The Simpsons Lisa takes pity on a bankrupt Mr Burns and helps him build a recycling centre. (R)</p> <p>7.30 The Simpsons Lisa discovers her mum was an A-grade student. (R)(HD)</p> <p>8.00 Futurama Monster Yivo takes control of Earth and uses Fry as its messenger. (R)</p> <p>8.30 Futurama Now Monster Yivo confesses his love for humanity! (R)</p> <p>9.00 Lethal Weapon 2 FILM Brill action thriller starring Mel Gibson and Danny Glover as hard-hitting LA cops on the trail of a murderous South African drug trafficker. (HD)</p> <p>11.10 Road Wars Cops crack car crime. (R)</p> <p>12.10am Drugs Wars: DEA Docu going behind the scenes of America's Drug Enforcement Administration. (R)</p>
<p>7.10 The Magicians With Neil Morrissey, Angela Griffin, and George and Larry Lamb.</p> <p>8.10 The National Lottery: In It to Win It Forget the quiz part - just tune in for the bit where you might get rich!</p> <p>9.00 Casualty More chest-pumping twaddle.</p> <p>9.50 Come Fly with Me Penny gets a visit from a member of the royal household. (R)</p> <p>10.20 News, Weather</p> <p>10.40 Live at the Apollo Floppy-haired Irish funnyman Ed Byrne hosts the stand-up show from Hammersmith, with guests Adam Hills and Gina Yashere. (R)</p> <p>11.25 The Girl Next Door FILM A teenager falls in love with a new neighbour - little suspecting she's a former porn movie star!</p>	<p>7.30 Dad's Army It's the funniest sitcom ever! Well, according to your grandparents. (R)</p> <p>8.00 From Haiti's Ashes Docu following the rebuilding of the Iron Market in Port-au-Prince.</p> <p>9.00 QI XL Brain-bothering quiz with Bill Bailey, Eddie Izzard and Danny Baker.</p> <p>9.45 The Tudors Lardy old Henry VIII invites Anne of Cleves back into the royal court.</p> <p>10.40 Nurse Jackie Dr Cooper vents his anger on Twitter when Jackie breaks the rules to speed up a boy's treatment.</p> <p>11.10 Fast and Loose Featuring David Armand, Greg Davies and Jess Ransom. (R)</p> <p>11.40 Everything FILM Low-budget Ray Winstone flick about a married man who regularly visits a London prostitute, but isn't after sex. Winstone's daughter Lois also appears, fact fans.</p>	<p>7.20 Primeval Former ARC member Jenny Lewis helps the team on her wedding day. Now that's dedication!</p> <p>8.20 Take Me Out A hockey champion, a drummer, a graphic designer and a gym manager prepare to be eaten alive.</p> <p>9.35 Benidorm Brandy seduces Mateo. (R)</p> <p>10.30 ITV News, Weather</p> <p>10.45 FA Cup Highlights SPORT The day's fourth round leather-belted, including Southampton vs Man United, Everton vs Chelsea and Torquay vs Crawley. Sounds good to us!</p> <p>12.15am The Cube: Celebrity Special Joe Swash and Kelly Osbourne try to do really complicated stuff inside a big glass box. (R)</p>	<p>7.00 Fantastic Four FILM Five astronauts develop superhuman powers during an energy storm in space, but one puts his abilities to evil use. Mwuhaha!</p> <p>9.00 The Million Pound Drop Live Davina McCall presents the rubbish quiz show in which contestants can win a million pounds - but never do.</p> <p>10.20 Along Came a Spider FILM A police psychologist goes in search of a senator's daughter who has been kidnapped by a psychotic teacher. Morgan Freeman stars.</p> <p>12.20am From Dusk Till Dawn MUST-SEE Brilliant horror directed by Robert "Machete" Rodriguez, and starring George Clooney, Harvey Keitel and Quentin Tarantino. Not to be missed!</p>	<p>7.05 NCIS McGee's sister believes she's gone and killed someone. (R)</p> <p>7.55 NCIS FBI agents try to seize control of an investigation. The swines! (R)</p> <p>8.50 CSI: Miami The body of a university student is found in a burnt-out car, triggering an investigation that leads the team to suspect a jealous boyfriend and a professional debt collector. (R)</p> <p>9.50 CSI: NY A gang leader by the name of Panthro Torres murdered? A gang member by the name of Fernando Flores suspected? It's a mess of Liverpool FC-sized proportions for Mac and the team to sort out!</p> <p>10.50 CSI: Crime Scene Investigation A cosmetic surgeon's patients die mysteriously. (R)</p> <p>11.50 Cops in Crisis Harrowing tales of survival told by police officers. (R)</p> <p>12.10am SuperCasino</p>	<p>SATURDAY'S SPORT</p> <p>6am New Zealand vs Pakistan, Sky Sports 1. 10am Golf, Sky Sports 1. 11.30am MUST-SEE Everton vs Chelsea, ESPN. 4.45pm Southampton vs Man United, ITV1. 3.30pm MUST-SEE Fulham vs Spurs, ESPN. 6pm Spanish Football, Sky Sports 1.</p>
<p>1.10-6am BBC News</p>	<p>1.10-2.40am FILM The Delta Factor: Thriller starring Christopher George and Yvette Mimieux.</p>	<p>1.00 The Zone 3.05 The Starter Wife 3.50-5.30am ITV Nightscreen</p>	<p>2.10 The Wrong Turn (R) 2.15 Tourist Trap (R) 2.20 King Pylon (R) 2.25 Dirty Sexy Money (R) 3.10 Dirty Sexy Money (R) 3.55 Beauty and the Geek (R) 5.25-6.10am Countdown (R)</p>	<p>4.00 Emergency Bikers (R) 4.50 Meals in Moments (R) 5.00 Hana's Helpline (R) 5.10 The Milkshake! Show 5.35 Thomas & Friends 5.45-6am Roary the Racing Car</p>	<p>SUNDAY'S SPORT</p> <p>6am Australia vs England, Sky Sports 1. 8.15am Tennis, BBC2. 11am Arsenal vs Huddersfield, ESPN. 1.30pm Notts County vs Man City, ITV1. 3.30pm MUST-SEE Fulham vs Spurs, ESPN. 6pm Spanish Football, Sky Sports 1.</p>



Mime classes were going well

Fulham vs Tottenham

SPORT ESPN/HD, 4pm It's West vs North as the two London sides clash in the FA Cup fourth round. The smart money's on 'Arry's boys, but don't forget "the magic of the cup" and all that! ★★★★★



"You're sure the F1 cars will see us and stop?"

Top Gear

CARS BBC2, 8pm The trio take on their counterparts from the Aussie version of the show in a car-based version of The Ashes, including rallying, drifting and a double-decker car race. Top stuff, as usual! ★★★★★



Tuncay wasn't happy about being dropped

Being Human

DRAMA BBC3, 9pm The nicest werewolf couple you could meet (if werewolves were real) take in a vamp who's lost his food source, while Annie's become Mitchell's self-appointed guardian angel. ★★★

one

6am Breakfast **9.00** The Andrew Marr Show **10.00** The Big Questions **11.00** Country Tracks **12.00noon** The Politics Show **1pm** Bargain Hunt (R) **1.30** Escape to the Country (R) **2.30** EastEnders **4.25** My Family (R) **4.55** Songs of Praise **5.30** BBC News, Regional News, Weather **6.00** Antiques Roadshow (R)

TWO

6am CBeebies **7.00** CBBC **8.15** **LIVE** Australian Open Tennis: *The men's singles final* **12.05pm** Flog It! (R) **12.35** Diagnosis Murder (R) **1.20** **FILM** Becket **3.45** **SPORT** Figure Skating **5.15** **SPORT** Ski Sunday **6.00** Ray Mears' Northern Wilderness (R)

itv 1

5.30am ITV News **6.00** CITV **9.25** The Crocodile Hunter Diaries (R) **9.55** **SPORT** FA Cup Highlights (R) **11.25** ITV News, Weather **11.30** This Morning: Sunday **12.30pm** Dinner Date (R) **1.30** **LIVE** FA Cup Football: *Notts County vs Man City at Meadow Lane, kick-off 2pm* **4.25** Midsomer Murders (R) **6.00** Regional News, Weather **6.15** ITV News **6.30** Dancing on Ice

4

6.10am The Hoobs (R) **7.00** **SPORT** FIS World Championships **7.30** **SPORT** That Paralympic Show (R) **7.55** T4: Battlefront **8.10** Friends (R) **9.15** Hollyoaks **11.45** Glee (R) **12.50pm** The Simpsons (R) **1.55** Jamie's 30 Minute Meals (R) **4.30** Deal or No Deal **5.35** **FILM** Big Momma's House 2: *Comedy sequel starring Martin Lawrence*

5

6am Milkshake! **10.00** Animal Rescue Squad (R) **10.15** Emergency Bikers (R) **11.15** Cowboy Builders (R) **12.15pm** Red Sea Jaws (R) **1.20** **FILM** The Fifth Element: *Sci-fi fantasy adventure starring Bruce Willis* **3.40** **FILM** RV: *Runaway Vacation: Comic road movie starring Robin Williams* **5.40** Five News **5.45** **FILM** Jackie Chan's Who Am I?: *Martial arts thriller starring Jackie Chan*

sky 1

7.30pm The Simpsons Bart and Homer go with Krusty to Oslo, where he hopes to collect a Nobel Priz. (R)(HD)

8.00 The Simpsons Bart decides to steal a kiss from his crush at school after taking advice from Grampa. (R)(HD)

8.30 The Simpsons Really old episode in which Homer takes Marge and the family to New York to retrieve his car. (R)

9.00 Wall Street **FILM** Oliver Stone's drama starring Charlie Sheen and Michael Douglas. An ambitious young broker becomes the protégé of a ruthless corporate raider. It's very good! (HD)

11.25 Drugs Wars: DEA The agents are in a bad situation against two drug dealers. Just say no, kids. (R)

12.25am House An African dictator who has been charged with crimes against humanity is brought in for treatment. (R)(HD)

7.00 Countryfile Julia Bradbury takes a journey on a train that doubles up as a pub. Hang on, did Countryfile all of a sudden become interesting? Probably not.

8.00 Lark Rise to Candleford Queenie wins a pig. Bacon butties all round then! Brilliant!

9.00 Terry Wogan's Ireland Tel learns about his motherland.

10.00 News, Weather

10.25 Gavin & Stacey The Essex mob arrive for a day at the beach in Barry. (R)

10.55 Gavin & Stacey In the last of the series, Bryn and Jason put their secret to bed, and Smithy has a chat with Nessa. (R)

11.25 Houseguest **FILM** Comedy starring Sinbad (the sailor?) and Phil Hartman. A man on the run from loan sharks passes himself off as a stranger's childhood friend. Hmm, doesn't sound funny.

1.10am The Sky at Night **1.35** Sign Zone: Holby City **2.35** Making Scotland's Landscape **3.35** Climbing Great Buildings **4.05** Filthy Rotten Scoundrels **4.50-6.00am** News

7.00 The Funny Side of TV Talent Clive Anderson presents a guide to the history of TV talent shows. (R)

8.00 Top Gear **MUST-SEE** The presenters go up against their Aussie counterparts in an carversion of the Ashes. This should be very interesting.

9.00 Arctic with Bruce Parry How the oil industry has affected life in the far north of Canada. Hang on, there's life in the far north of Canada? It must be freezing!

10.00 The Paedophile Hunters

11.00 Never Mind the Buzzcocks It's a star-studded compilation show, so it should be hilarious! (R)

11.35 Once **FILM** Romantic musical drama. Honestly, if you sit through this, you might as well watch Glee.

12.55-6.00am BBC News

8.30 Wild at Heart Alice has a close encounter with lions. Eat her! Go on!

9.30 Dancing on Ice: The Skate Off A surprise twist as the two lowest-scoring couples have a skate off. The twist? It's a skate to the death!

10.05 That Sunday Night Show Alastair Campbell and Jenny Eclair join Adrian Chiles for topical chat.

10.35 ITV News, Weather

10.50 FA Cup Highlights **SPORT** Highlights of the fourth round, featuring Arsenal vs Huddersfield, West Ham vs Forest and Fulham vs Spurs.

11.50 Comedy Rocks with Jason Manford Tim Vine, Pete Firman, Lee Nelson and Russell Kane join Manford. Sadly, so do James Blunt and Enrique Iglesias though. (R)

12.45am Anglo-Welsh Cup Rugby Union **SPORT** Highlights of the weekend's pool matches, including Sale vs Dragons, Scarlets vs Saracens and Wasps vs Harlequins.

1.35 The Zone **2.00** **FILM** Hard Target: *Action thriller starring Jean-Claude Van Damme* **3.35-5.30am** ITV Nightscreen

7.30 News

7.55 4thought.tv

8.00 Come Dine with Me Four more totally unsuitable companions get together to throw the perfect dinner party/argue with one another. We'd serve KFC. Yum.

9.00 P.S. I Love You **PREMIERE** Romantic comedy drama starring Hilary Swank as a widow whose dead husband sends her letters from the grave. There are so many reasons you shouldn't watch this. Do we really need to list them?

11.30 Alan Carr: Chatty Man *Sherlock* star Benedict Cumberbatch pops in for a chat, as does Kerry Katona. Well, you can't have it all. (R)

12.35am Comedy Lab: Penelope Princess of Pets Odd comedy thing about an American woman with the ability to talk to animals. Leave it alone! (R)

1.00 A Family Portrait: *Short film. Very short.* (R) **1.05** Wedding House (R) **2.00** **FILM** Second Best **3.50** Brothers & Sisters (R) **4.35** ER (R) **5.20-6.05am** Countdown (R)

8.00 Britain's Secret Schindler: Revealed Docu telling the story of an unlikely hero who rescued hundreds of Jewish children from German-occupied Czechoslovakia. (R)

9.00 The Patriot **FILM** Epic period drama starring Mel Gibson (we suspect he wouldn't enjoy the programme above), Heath Ledger and Jason Isaacs. A pacifist plantation owner is drawn into the American War of Independence.

12.10am UFC 40: Main Event **SPORT** Action from the event held at the MGM Grand in Las Vegas, featuring Tito Ortiz vs Ken Shamrock for the light heavyweight championship title. Come on!

1.10 Casino **4.00** Cowboy Builders **4.50-6.00am** Meals in Moments

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"Oh, Batman, where did it all go wrong?"

Freddie Flintoff Versus The World

REALITY **ITV4, 8pm** The cricket hero travels across America to try his hand at some extreme sports. ★★★★★



"And you thought having a drink together would make us look gay!"

Episodes

BBC2, 10pm
COMEDY This slow-burner comedy continues. Matt's out getting wasted and it's up to his nemesis Beverly and her hubby Sean to come to his rescue. Cue an eye-opening night of drama! ★★★



Muppets Christmas Carol 2 was a dark affair

Harry Brown

FILM **Sky Movies Prem/HD, 10.15pm** Michael Caine plays the lead who, tired of local thugs, decides to take up arms to have revenge on them all. Ace drama that also stars Plan B. ★★★★★

one

6am Breakfast **9.15** **NEW** Wanted Down Under Revisited **10.00** Homes Under the Hammer **11.00** **NEW** Save My Holiday: Consumer show. **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

7.00 The One Show
Chat about stuff in the news.

7.30 Inside Out
Chat about stuff in the local news.

8.00 EastEnders
More Cockney screeching.

8.30 The Battle for Bomb Alley: Panorama
The continuing struggle for control of Sangin in Afghanistan.

9.00 Silent Witness
Harry and Nikki investigate a shooting at the Dutch embassy.

10.00 News, Weather

10.35 A Question of Sport
How do you make a quiz about sport dull? Watch this and you'll find out.

11.05 Late Kick Off
SPORT A round-up of the weekend's lower-league footy action.

11.35 The Graham Norton Show
With oldie actor John Cleese. (R)

12.20am The Apprentice USA
NEW Mad-haired tycoon Donald Trump tries to find more nutty Americans to employ.

1.25 The Apprentice USA: Reality show. **2.10** Sign Zone: Ancient Worlds (R) **3.10** Climbing Great Buildings (R) **3.40** Wanted Down Under (R) **4.25-6am** BBC News

two

6am CBeebies **7.00** CBBC **8.30** CBeebies **11.35** Ready Steady Cook (R) **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **1.00** Due South (R) **1.45** Film 2011 with Claudia Winkleman **2.15** Instant Restaurant (R) **3.00** To Buy or Not to Buy **3.45** Fog It!: From Glenrothes. **4.30** Perfection **5.15** Antiques Road Trip **6.00** Eggheads **6.30** Great British Railway Journeys

7.00 Escape to the Country
A couple search rural Devon for their first home. Don't get lost! (R)

8.00 University Challenge
Geeks square-up.

8.30 Baking Made Easy
Fast and easy recipes for entertaining. Never underestimate the value of the takeaway.

9.00 Horizon: The Secret World of Pain
An insight into pain. Try to sit through ITV1 tonight and you'll find out all you need to know.

10.00 Episodes
MUST-SEE Sean and Beverly retrieve Matt from a seedy bar.

10.30 Newsnight

11.20 Mad Men
NEW The '60s-set drama returns with Don having difficulty adjusting to life as the public face of his new company. Jon Hamm stars.

12.05am An Island Parish
Fr John Paul faces his first test on Barra. Finding an escape route? (R)

12.35 BBC News

4.00-6am BBC Learning Zone

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** May the Best House Win **3.00** Dickinson's Real Deal **4.00** Midsomer Murders (R) **5.00** The Chase **6.00** Regional News, Weather **6.30** ITV News

7.00 Emmerdale
Sheep-related chicanery.

7.30 Coronation Street
Peter gets sozzled.

8.00 The Lakes
A hairdresser talks about his love of animals. Do you really think watching this is a good idea?

8.30 Coronation Street
Or this, for that matter?

9.00 The Biggest Loser
The one-time salad dodgers head to Twickenham for a challenge.

10.00 ITV News, Weather

10.35 Total Emergency
Firefighters in Sheffield tackle a building blaze. (R)

11.35 That Sunday Night Show
Alastair Campbell and Jenny Eclair join Adrian Chiles. (R)

12.05am Grimefighters
A cleaning crew deal with a nightmare of a house in Ipswich. (R)

12.35 The Zone

2.35 The Jeremy Kyle Show (R) **3.25-5.30am** ITV Nightscreen

4

7.40am Everybody Loves Raymond (R) **8.05** Frasier (R) **8.35** According to Jim (R) **9.05** Wife Swap USA (R) **10.00** Desperate Housewives (R) **10.55** Relocation: Phil Down Under (R) **12.00noon** Channel 4 News Summary **12.05pm** The TV Book Club **12.35** **FILM** Pick-up on South Street **2.05** **NEW** Cookery School **3.10** Countdown **3.55** Deal or No Deal **5.00** Come Dine with Me **5.30** Jamie's 30 Minute Meals **6.00** The Simpsons (R) **6.30** Hollyoaks

7.00 News

7.55 4thought.tv
The hopes and wishes of British Chinese people.

8.00 Birth of Britain
Tony Robinson goes in search of Britain's gold. Presumably armed with a map with a big "X" on it.

9.00 One Born Every Minute
Women pop out more kids.

10.00 Alan Carr: Chatty Man
The host is joined by Secret Diary of a Call Girl hottie Billie Piper.

11.05 The Joy of Teen Sex
Featuring a discussion about premature ejaculation. Avoid! (R)

12.10am Premier League Poker
SPORT Card-laying antics with two Heads Up matches from Maidstone Studios in Kent, featuring JC Tran vs Daniel Negreanu and Ian Frazer vs Roland De Wolfe.

1.10 Mosley (R) **2.10** The Genius of British Art (R) **3.05** Titanic: The Mission (R) **4.00** ER (R) **4.45-6.10am** **FILM** The Little Prince: Japanese animated adventure.

5

6am Milkshake! **9.15** The Wright Stuff **11.00** The Vanessa Show **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Rory and Paddy's Even Greater British Adventure (R) **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.10** **FILM** Aces 'N Eights: Western starring Casper Van Dien. **5.00** Five News at 5, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

7.00 Five News at 7

7.30 How Do They Do It?
How iron is turned into stainless steel with the addition of chromium. The problem? No-one cares!

8.00 Emergency Bikers
Biker paramedic Mark Hayes helps a man who has been hit by a bus.

9.00 Murder at 1600
FILM A detective and a Secret Service agent join forces to investigate the murder of a White House employee.

11.10 Slow Burn
FILM A district attorney tries to unmask an enigmatic crime lord after his assistant and lover is arrested for murder. It's about as dull as the title, by the way.

1am SuperCasino **4.05** The FBI Files (R) **4.55** Rough Guide to Adventures (R) **5.10** Wildlife SOS (R) **5.35-6am** House Doctor (R)

sky 1

7pm The Simpsons
Homer becomes the target of a murderer. D'oh! (R)

7.30 The Simpsons
Mr Burns wins a basketball team in a poker game. (R)

8.00 Road Wars
Thames Valley Police participate in Slough's largest-ever drug raid. (R)

9.00 Dream Lives for Sale
An Essex couple look for a business in Spain. We bet sunbeds are involved. (R)(HD)

10.00 Mental
A movie star claims he faked a psychotic episode. (HD)

11.00 Inside: Prison Tactical
Life in the California Institute for Women (R)

12.00m't Road Wars
Cops deal with more bother behind the wheel. (R)(HD)

MONDAY'S SPORT

3pm Ski Jumping, Eurosport 2. **7.30pm** Glenavon vs Cliftonville, Sky Sports 1. **9.45pm** Football: Under 20 South American Championship, Eurosport 2. **12.55am** New Zealand vs Pakistan, Sky Sports 1.

TUESDAY'S SPORT

6am New Zealand vs Pakistan, Sky Sports 1. **7pm** Aberdeen vs Celtic, ESPN. **7.30pm** West Brom vs Wigan, Sky Sports 2. **12m't** College Football, ESPN. **2am** College Football, ESPN. **3am** Australia v England, Sky Sports 1.



"This damned waxwork is nailed to the floor!"

Secret Diary Of A Call Girl

ITV2, 9.10pm

DRAMA

Belle's back! She's started sleeping with her mate Ben (lucky!) and has become a madam! ★★★★★



Chuckles missed life as a clown

Boardwalk Empire

DRAMA

Sky Atlantic, 9pm This new 12-part drama, directed by Martin Scorsese and starring Steve Buscemi, is set in the '20s and is all about gangsters and political corruption. Top telly! ★★★★★



"The prize for shiniest buttons goes to..."

Blue Bloods

DRAMA

Sky Atlantic, 10.30pm A new drama about a several-generations-strong clan of cops in New York, which includes Tom Selleck and Donnie Wahlberg! Worth a watch. ★★★★★

one

6am Breakfast **9.15** Wanted Down Under Revisited **10.00** Homes Under the Hammer **11.00** Save My Holiday **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

two

6am CBeebies **7.00** CBBC **8.30** CBeebies **11.35** Ready Steady Cook (R) **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **1.00** Due South (R) **1.45** Climbing Great Buildings (R) **2.15** Instant Restaurant (R) **3.00** To Buy or Not to Buy **3.45** Flog It! **4.30** Perfection **5.15** Antiques Road Trip **6.00** Eggheads: Quiz with Jeremy Vine. **6.30** Great British Railway Journeys

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show: Shouty show. **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** May the Best House Win **3.00** Dickinson's Real Deal **4.00** Midsomer Murders (R) **5.00** The Chase **6.00** Regional News, Weather **6.30** ITV News

4

6.20 The Hoobs (R) **7.10** Freshly Squeezed **7.35** Everybody Loves Raymond (R) **8.00** Frasier (R) **8.35** According to Jim (R) **9.00** Wife Swap USA (R) **10.00** Desperate Housewives (R) **10.55** A Place in the Sun: Home or Away (R) **12.00noon** News **12.05pm** Jesse James **2.05** Cookery School **3.10** Countdown **3.55** Deal or No Deal **5.00** Come Dine with Me **5.30** Jamie's 30 Minute Meals **6.00** The Simpsons (R) **6.30** Hollyoaks

5

6am Milkshake! **9.15** The Wright Stuff **11.00** The Vanessa Show **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Build a New Life in the Country (R) **1.45** Neighbours **2.15** Home and Away **2.50** Animal Rescue Squad (R) **3.05** Dancing at the Harvest Moon: Drama. **5.00** Five News at 5, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

sky 1

7pm The Simpsons Homer crashes a rented car into the Queen's carriage. (R)

7.30 The Simpsons Homer and Grampa visit Ireland. (R)(HD)

8.00 Let the Stories Begin Mariella Frostrup previews the programmes that will be shown on Sky Atlantic, possibly the best new TV channel. Ever!

9.00 Got to Dance Dancing dumbos. (R)(HD)

10.30 A League of Their Own Jack Whitehall and Michael Owen guest. (R)(HD)

11.00 Lie to Me Lightman vets an art museum's staff for security leaks. (R)(HD)

12.00m't Mental A movie star checks in claiming he faked a recent psychotic episode for publicity. (R)(HD)

7.00 The One Show Topical chinwagging.

7.30 EastEnders Darren's night out ends in misery. Business as usual for Eastenders.

8.00 Holby City Hospital hell.

9.00 Silent Witness A discovery at the Van Buren's home exposes a tragic secret. It's the last of the series, incidentally.

10.00 News, Weather

10.35 Film 2011 with Claudia Winkleman The presenter looks at David O Russell's boxing drama The Fighter, starring Christian Bale.

11.15 The Hoax **FILM** Comedy drama based on the true story of a fraudster, starring Richard Gere. A struggling writer fakes the biography of a reclusive billionaire. We can sum this movie up in one word: unappealing.

1.10am Sign Zone: See Hear (R) **1.40** Human Planet: Brill docu series. (R) **2.40** Dambusters Declassified (R) **3.40** Wanted Down Under (R) **4.25-6am** BBC News

7.00 Natural World Docu about a couple who raised an orphaned lioness in Kenya. Aah!

8.00 A Farmer's Life for Me **NEW** Not for us though. Watch the football on Sky Sports 2!

9.00 Do We Really Need the Moon? Bit of a stupid question if you ask us. Even if the answer was no, what would we do? Blow it up? Pointless!

10.00 How TV Ruined Your Life Charlie Brooker looks at why TV has the capacity to infuriate people of all ages. Expect some top ranting!

10.30 Newsnight

11.20 Mad Men Peggy's delighted by Freddy Rumsen's return.

12.05am BBC News

4.00-6am BBC Learning Zone

7.00 Emmerdale More farm-based "fun".

7.30 Grimefighters A landlord is left a nasty surprise. A poo on a stick? Just a guess.

8.00 The Betty Driver Story The life of the 90-year-old Coronation Street star. Nuff said.

9.00 Taggart "There's been a mudder!" etc.

10.00 ITV News, Weather

10.35 Half Light **FILM** Rubbish supernatural thriller starring Demi Moore. A year after the drowning of her son, a novelist starts receiving messages from beyond the grave. Course she does.

12.35am The Zone

2.40 Crossing Jordan: Drama. **3.25-5.30am** ITV Nightscreen

7.00 News

7.55 4thought.tv

8.00 Gok's Clothes Roadshow Gok Wan heads for Harrogate, North Yorkshire, to help four postal workers boost their femininity. Even if our lives depended on it we wouldn't subject ourselves to this.

9.00 Big Fat Gypsy Weddings A bizarre look at the everyday lives of Britain's traveller women.

10.00 Shameless Micky and his family face ruin when the police are alerted to his new money-making venture.

11.05 Derren Brown: Behind the Mischief A repeat of the fascinating docu into the private life of the illusionist. He's a mindblowing painter! (R)

12.10am European Poker Tour **SPORT** Action from the final table in London, as John Juanda, David Vamplew and Tom Marchese battled it out for the slightly impressive 900 grand first prize.

1.10 Bull Run **1.40** B-Boy Series **2.05** FIS World Championships **2.35** Basketball **3.30** KOTV **3.55** Triathlon **4.50** Bear Grylls **5.45-6.10am** Wogan's Perfect Recall

7.00 Five News at 7

7.30 Extraordinary Dogs **NEW** Docu profiling rescue dogs. And there was us thinking it was about dogs that could do things like play the guitar and tap dance.

8.00 Gladiators: Rome Unwrapped Docu about the Colosseum.

9.00 CSI: Crime Scene Investigation A respected philanthropist is attacked in her home.

10.00 CSI: Miami A crooked broker who made many enemies by cheating people out of money is murdered. (R)

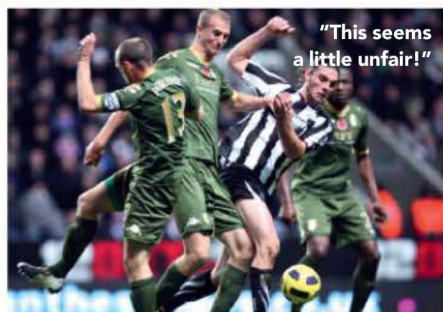
11.00 CSI: NY The decomposed bodies of two scuba divers are found. (R)

11.55 CSI Grissom investigates the shooting of a photographer. (R)

12.50am Super Casino

4.05 The FBI Files **4.55** Activity Holidays **5.10-6.00am** Wildlife SOS





"This seems a little unfair!"

Fulham vs Newcastle

SPORT Sky Sports 2/HD, 7.30pm
Fulham's second TV outing of the week sees the Geordies head south as the home side go after a win to drag them away from relegation troubles. ★★★★★



"Are you laughing at my hat?"

Boardwalk Empire

DRAMA Sky Atlantic, 9pm After the Capone/Darmody robbery goes wrong, Nucky feels he's entitled to a much larger chunk of cash. Jimmy also loses his job as a result of the foul-up. ★★★★★



"Just nipping down to B&Q, love"

Sons Of Anarchy

DRAMA Five USA, 10pm Ethan wants rid of the Sons, so he floods the town with drugs and blames it on them. Elsewhere, Bobby takes over SAMCRO's porn studio. Sweet! ★★★★★

6 AM

7 PM

1 AM

one

6am Breakfast **9.15** Wanted Down Under Revisited **10.00** Homes Under the Hammer **11.00** Save My Holiday **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt (R) **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

two

6am CBeebies **7.00** CBBC **8.30** CBeebies **11.30** Daily Politics **1pm** See Hear **1.30** Car Booty (R) **2.15** Instant Restaurant (R) **3.00** To Buy or Not to Buy **3.45** Flog It! **4.30** Perfection **5.15** Antiques Road Trip **6.00** Eggheads: Quiz show. **6.30** Great British Railway Journeys

itv 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** May the Best House Win **3.00** Dickinson's Real Deal **4.00** Midsomer Murders (R) **5.00** The Chase **6.00** Regional News, Weather **6.30** ITV News

4

6.20pm The Hoobs (R) **7.10** Freshly Squeezed **7.35** Everybody Loves Raymond (R) **8.00** Frasier (R) **8.30** According to Jim (R) **9.00** Wife Swap USA (R) **10.00** Desperate Housewives (R) **10.55** Country House Rescue (R) **12.00noon** News **12.05pm** Jamie at Home (R) **12.30** Cattle Empire **2.05** Cookery School **3.10** Countdown **3.55** Deal or No Deal **5.00** Come Dine with Me **5.30** Jamie's 30 Minute Meals **6.00** The Simpsons (R) **6.30** Hollyoaks

5

6am Milkshake! **9.15** The Wright Stuff **11.00** The Vanessa Show **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Build a New Life in the Country (R) **1.45** Neighbours **2.15** Home and Away **2.50** Extraordinary Dogs (R) **3.25** Murder at the Gallop: Murder mystery starring Margaret Rutherford. **5.00** Five News at 5, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

sky 1

7pm The Simpsons
Homer realises he knows next to nothing about Lisa. (R)

7.30 The Simpsons
Homer is asked to help the Rolling Stones at a benefit gig. Woo-hoo! (R)

8.00 Dream Lives for Sale
Jonnie Irwin helps a family determined to build a new life in Tenerife. (HD)

9.00 Louie Spence's Showbusiness
Grr... (HD)

10.00 Lie to Me
A beautiful woman entangles Lightman in a game of cat and mouse. Lucky old him! (R)(HD)

11.00 Victoria Wood's Angina Monologues
Stand-up comedy, sketches and music. (R)(HD)

12.00m't Road Wars
Vehicle crime. (R)(HD)

7.00 The One Show
Topical stories.

7.30 EastEnders
More squabbling in the Square.

8.00 Waterloo Road
High drama as a new teaching initiative causes controversy. Whoa!

9.00 Motorway Cops
Road Wars by another name.

10.00 News, Weather

10.35 The National Lottery Wednesday Night Draws
Myleene Klass presents.

10.45 Match of the Day
SPORT Highlights of this evening's top-flight kickabouts, which included Liverpool vs Stoke and Blackburn vs Spurs.

12.05am In Dreams
FILM Supernatural thriller starring Annette Bening and Robert Downey Jr. A woman discovers she has a psychic link with a serial killer.

1.45 Sign Zone: Country Tracks (R) **2.40** Natural World Special: Panda Makers (R) **3.40** Wanted Down Under (R) **4.25-6am** BBC News

7.00 Top Gear
The presenters square off against their Aussie counterparts in an automotive version of the Ashes. Let's hope for a similar outcome! (R)

8.00 Michel Roux's Service
The contestants serve Gok Wan, Sophie Ellis-Bextor and Diarmuid Gavin. That's unfortunate for them.

9.00 Who Gets the Best Jobs?
Richard Bilton investigates social equality in Britain. Meanwhile, we suggest you examine Sky Sports 2.

10.00 Have I Got News for You
With guest host Jo Brand. (R)

10.30 Newsnight

11.20 Mad Men
Don heads to Los Angeles to visit Anna, but learns a worrying secret.

12.05am BBC News

4.00-6am BBC Learning Zone

7.00 Emmerdale
More tractor-related traumas.

7.30 The Unforgettable Les Dawson
Profile of the comedian. (R)

8.00 Midsomer Murders
More from the sleepy village with a crime rate to make the Bronx blush.

10.00 ITV News, Weather

10.35 The Secret Caribbean with Trevor McDonald
Magician David Copperfield provides a tour of Musha Cay, then makes it disappear. Maybe. (R)

11.35 Police, Camera, Action!
The technological arms race being waged on Britain's roads. (R)

12.30am The Zone

2.35 Ned Kelly: Outback Western starring Heath Ledger. **4.20-5.30am** ITV Nightscreen

7.00 News
7.55 4thought.tv
A politician from Belfast shares her wishes for the Chinese New Year.

8.00 Beauty and the Beast: The Ugly Face of Prejudice
NEW Docu about facial disfigurement and discrimination.

9.00 Mary Portas: Secret Shopper
The presenter sticks her nose into the running of mobile phone stores.

10.00 The Joy of Teen Sex
How technology is affecting teenagers' attitudes toward sex.

11.05 Shameless
Micky and his family face ruin when the police are alerted to his new money-making venture. (R)

12.10am Music on 4: The Album Chart Show Spotlight
A round-up of the week's releases.

12.25 4Play: The Go! Team

12.40 My Family's Crazy Gap Year (R)

1.35 Animal Madhouse (R) **2.30** Food: What Goes in Your Basket? (R) **3.25** Pom Poko (Dubbed) **5.25-6.10am** Countdown (R)

7.00 Five News at 7

7.30 Monkey Life
Alison tries to save a chimp.

8.00 Cowboy Builders
A single mother from Camberley whose house is falling down.

9.00 NCIS
A prank-loving Marine is found dead on Halloween.

10.00 Law & Order: Criminal Intent
More death as a well-known historian is poisoned. (R)

10.55 Law & Order: Special Victims Unit
A teenager claims she's been raped, but she's fibbing. (R)

11.55 Poker
SPORT The World Open VI from the Palm Beach Casino in Mayfair.

12.55am SuperCasino

4.05 The FBI Files (R) **4.55** Rough Guide to Short Breaks: Tenerife and Laos. (R) **5.10** Wildlife SOS (R) **5.35-6.00am** House Doctor (R)

WEDNESDAY'S SPORT

6am Australia vs England, Sky Sports 1. **7.30pm** MUST-SEE Fulham vs Newcastle, Sky Sports 2. **7.45pm** Palermo vs Juventus, ESPN. **12.55am** New Zealand vs Pakistan, Sky Sports 1. **1am** NBA Basketball, ESPN.

THURSDAY'S SPORT

6am New Zealand vs Pakistan, Sky Sports 1. **7am** Golf, Sky Sports 2. **11am** Golf, Sky Sports 1. **2.30pm** Dubai International Racing Carnival, Sky Sports 1. **7.45pm** Bari vs Inter, ESPN. **1am** NBA Basketball, ESPN. **4am** Basketball, ESPN.



It was a strange clock

Human Planet BBC1, 8pm

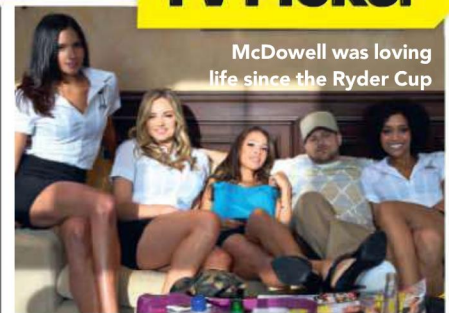
DOCU It's a jungle out there! Seriously, it actually is for the people featured in this, as we follow man's survival techniques in the tropical forests, including hunting tarantulas for lunch. Yum. ★★★★★



"She's like this every time we lose a goldfish!"

Six Feet Under

DRAMA Sky Atlantic, 9pm This dark drama about a family who run an LA funeral home was a big hit when it was first shown a few years ago. It's bonkers and brill, and here's the first episode. ★★★★★



McDowell was loving life since the Ryder Cup

Entourage

DRAMA Sky Atlantic, 10.30pm Season seven kicks off in style as Vince goes extreme, Drama searches for a new role, Turtle fails in business and Ari does lots more inventive cussing. ★★★★★

BBC ONE

6am Breakfast **9.15** Wanted Down Under Revisited **10.00** Homes Under the Hammer **11.00** Save My Holiday **11.45** Cash in the Attic (R) **12.15pm** Bargain Hunt **1.00** BBC News, Weather **1.30** Regional News, Weather **1.45** Doctors **2.15** Escape to the Country **3.00** BBC News, Weather, Regional News **3.05** CBBC **5.15** Weakest Link (R) **6.00** BBC News, Weather **6.30** Regional News Programmes, Weather

BBC TWO

6am CBeebies **7.00** CBBC **8.30** CBeebies **11.35** Ready Steady Cook (R) **12.00noon** Daily Politics **12.30pm** GMT with George Alagiah **1.00** Due South (R) **1.45** Climbing Great Buildings: Blenheim Palace. (R) **2.15** Instant Restaurant (R) **3.00** To Buy or Not to Buy **3.45** Flog It! **4.30** Perfection **5.15** Antiques Road Trip **6.00** Eggheads **6.30** Great British Railway Journeys

ITV 1

5.30am ITV News **6.00** Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show **10.30** This Morning **12.30pm** Loose Women **1.30** ITV News **1.55** Regional News, Weather **2.00** May the Best House Win **3.00** Dickinson's Real Deal **4.00** Midsomer Murders (R) **5.00** The Chase **6.00** Regional News, Weather **6.30** ITV News

4

7.10 Freshly Squeezed **7.35** Everybody Loves Raymond (R) **8.05** Frasier (R) **8.30** According to Jim (R) **9.00** Wife Swap USA (R) **10.00** Desperate Housewives (R) **10.55** Help! My House Is Falling Down (R) **12.00noon** News **12.05pm** Jamie at Home (R) **12.30** The Raid **2.05** Cookery School **3.10** Countdown **3.55** Deal or No Deal **5.00** Come Dine with Me **5.30** Jamie's 30 Minute Meals **6.00** The Simpsons (R) **6.30** Hollyoaks

CHANNEL 5

6am Milkshake! **9.15** The Wright Stuff **11.00** The Vanessa Show **11.45** CSI: Crime Scene Investigation (R) **12.40pm** Five News **12.45** Build a New Life in the Country (R) **1.45** Neighbours **2.15** Home and Away **2.50** The Family Recipe (R) **2.55** Animal Rescue Squad (R) **3.10** Mystery Woman: At First Sight **5.00** Five News at 5, Weather **5.30** Neighbours (R) **6.00** Home and Away (R) **6.25** Live from Studio Five

sky 1

7pm The Simpsons Marge is mugged. (R)
7.30 The Simpsons Homer builds a robot. (R)
8.00 The Middle: Access All Areas A look at the making of the US show. (R)(HD)
8.30 The Simpsons A flashback episode. (R)(HD)
9.00 Thorne: Scaredy Cat Thorne orders Chen off the case due to her drug issues. (R)(HD)
10.00 A League of Their Own Dermot O'Leary and Phillips Ildow guest. (R)(HD)
10.30 A League of Their Own Kevin Pietersen and Amanda Holden guest. (R)(HD)
11.00 Inside: Prison Tactical Behind-the-scenes look at prison life for women. (R)
12.00m Road Wars

7.00 The One Show Chat show gubbins.

7.30 EastEnders Alfie struggles to deal with what he witnessed the previous night. What's that? His wife naked?

8.00 Human Planet **MUST-SEE** A fascinating look at the survival techniques used by people who inhabit rainforests.

9.00 Outnumbered Ben claims he's too ill to go to school. We've been there, mate. (R)

9.30 Not Going Out A confused old lady wanders into Lucy's flat, so Lee throws her out, only to discover she has a wealthy son who always pays a reward to the person who takes her home.

10.00 News, Weather

10.35 Question Time

11.35 This Week

12.25am Sign Zone: The Battle for Bomb Alley: Panorama The struggle for control of Sangin in Afghanistan. (R)

12.55 Countryfile That well-known country settlement of, er, Sheffield. (R)

1.55 Antiques Roadshow: From Jersey. If you care. (R) **2.55** Rip Off Britain (R) **3.35-6am** BBC News

7.00 Who Does What? Couple's who undergo a relationship audit. If our missus asked us to do this, she'd find herself with no relationship to audit!

8.00 Michel Roux's Service The trainees prepare for service at the chef's own restaurant. Fancy!

9.00 Louis Theroux: The Ultra Zionists The broadcaster joins an extreme subculture of Jewish settlers on the Israeli-occupied West Bank.

10.00 The Grumpy Guide to Food and Wine But why does it have to be grumpy? It's about plonk - surely it should be the drunken guide? (R)

10.30 Newsnight

11.20 Mad Men Peggy makes a new friend.

12.05-3.35am BBC News

4.00-6am BBC Learning Zone

7.00 Emmerdale Farm-based soap.

7.30 The Value of a Degree: Tonight The worth of a university degree.

8.00 Emmerdale One of the farmers is caught in a compromising position. With a cow.

8.30 Coronation Street Peter hits the bottle. So will we if we're forced to endure this.

9.00 Marchlands **NEW** Three families living in the same house in different decades are linked by the death of a girl in 1967.

10.00 ITV News, Weather

10.35 Odd One In Mark Durden-Smith and Angela Griffin take on regulars Jason Manford and Peter Andre. (R)

11.20 Send in the Dogs Manchester's police dogs tackle car thieves and drunk drivers. (R)

12.10am The Zone

2.15 The Jeremy Kyle Show (R) **3.10** The Value of a Degree: Tonight (R) **3.35-5.30am** ITV Nightscreen

7.00 News

7.55 4thought.tv

8.00 Relocation, Relocation A couple who want a family home and an investment flat. Moneybags!

9.00 Rome Wasn't Built in a Day We never said it was.

10.00 10 O'Clock Live Current affairs comedy style show, with David Mitchell, Jimmy Carr, Charlie Brooker and Lauren Laverne.

11.05 Big Fat Gypsy Weddings Docu looking at the lives of Britain's traveller women. (R)

12.10am Diverse Nation The nominees in the Cultural Diversity Awards 2010.

1.05 Coming Up: Dip (R) **1.35** Grave of the Fireflies (Subtitled) **3.10** Brothers & Sisters (R) **3.55** Hill Street Blues (R) **4.50** ER (R) **5.35-6.20am** Countdown (R)

7.00 Five News at 7

7.30 Top Trumps: All Terrain Vehicles Robert Llewellyn drives the toughest off-road Army vehicle. (R)

8.00 Secrets of the Vanishing Sphinx Docu all about the monumental sculpture in Egypt. Great, if you're into this sort of thing.

9.00 Justin Lee Collins: Turning Japanese Didn't Jonathan Ross do this type of thing ages ago? Still, JLC has a go.

10.00 The Punisher **FILM** Terrible action flick based on the Marvel comic books, starring Thomas Jane and John Travolta. A grieving ex-cop launches a series of revenge attacks on a psychopathic crook.

12.25am Super Casino

4.05 FBI Files **4.55** Rough Guide to Journeys **5.10** Wildlife SOS **5.35-6am** House Doctor

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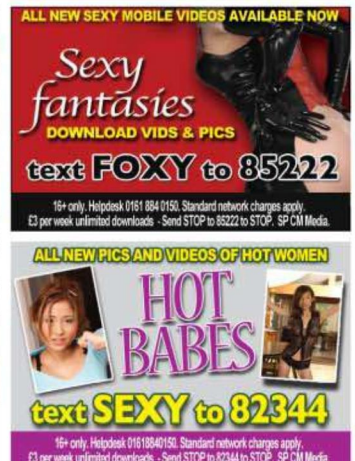


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*There is NO CHARGE to receive the movie.

18+ Maps sent to 84455 max 12p. FTX: support@fxt.com help:0870702594. Stop? text stop to 84455. Chat maps read £1.50. We may send you free promotional and/or service messages.



TEXT TALK
WITH PICTURE MESSAGING
UPLOAD YOUR PROFILE PICTURE FOR FREE!

£1.50 for 1st 15 msgs sent / received.
£1.50 for 6 msgs sent / received thereafter.

Men: Text 'mpea' to 88199
Women: Text 'wpea' to 88199
Gay: Text 'gpea' to 88199

18+ only. Helpline: 0844 944 0002. Standard network charges apply. Women: Network charges only. Send STOP to 88199 to stop. IP: X-On



TEXTCHAT

£1.50 for 1st 15 msgs sent/recvd.
£1.50 per 6 msgs sent/recvd thereafter.

Men: Text 'mwall' to 88199
Women: Text 'wwall' to 88199
Gay: Text 'gwall' to 88199

18+ only. Helpline: 0844 944 0002. Standard network charges apply. Women: Network charges only. Send STOP to 88199 to Stop. IP: X-On

TEXT CHAT!

women text: ewall
men text: mwall
gay text: gwall
to: **69866**

FREE FOR WOMEN!
1st 5 msgs FREE. £1.50 for 5 msgs sent/recvd thereafter.

18+ only. Helpline: 0844 944 0002. Standard network charges apply. Women: Network charges only. Send STOP to 69866 to Stop. IP: X-On



UKTEXTCHAT
TRY FOR FREE!

find local ladies * swap photos
TEXT 'BABE' TO 88211

18+ Text Costs: 50p to reply to users, 15p to receive profiles. First £5 usage is FREE, billed in 65 segments. Mobiles may vary. Services provided by All Points North Publications Ltd. Support: 08442430071. To stop send STOP to 88211.

chattube
CHAT & DATE
100's OF GIRLS ONLINE NOW!

CHAT TUBE .COM

Fulfil your fantasies - 18+ Adults only prs service

The HOTTEST personas! The HOTTEST photos! AND VIDEOS

Want the HOTTEST HOOK UPS?

18+ HAVE FUN TONIGHT! GET PHOTOS & HOOK UP VIA YOUR MOBILE WHEN IT SUITS YOU

Gill, UK (34)  Get my hot pix...and lets hook up...text GILL to 68889	Anna, London (36)  Get my hot pix...text ANNA to 68889	Caro, Wales, (44)  Get my hot pix...text CARO to 68889	North East (18)  Get my hot pix...text BLONDIE to 68889	Tash, Glasgow (18)  Get my hot pix...text TASH to 68889	Minki, Leics (18)  Get my hot pix...text MINKI to 68889	Claire, UK (38)  Get my hot pix...text CLAIRE to 68889	Val, UK (40s)  Get my hot pix...text VAL to 68889
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25p per message sent into 68889 £1.50 per received text from 68889. MAXIMUM 4 BILLED MESSAGES PER REPLY. See virtual terms online at www.ukeasyaction.com STRICTLY ADULTS 18+

ASK ANY OF THE PERSONAS ON THIS PAGE FOR THEIR PHOTOS! THEY'RE ALL HOT AND THEY'VE ALL GOT 'EM!

Meg, Lancashire.  Get my hot pix AND VIDEOS...Text MEG to 68889	Milf, 40s North England Fun loving naughty women with photos Get my hot pix...text KISSY to 68889	Katherine, WALES Can't wait to send you my sexy photos. text anytime 24/7 Get my hot pix...text KATHERINE to 68889	Polly, 44 UK.  Get my hot pix...text POLLY to 68889	18+ ONLY POSTCODE MATCH! See who replies to your postcode... To be matched to a woman (with HOT photos & maybe HOT videos Text- NUTS followed by your postcode to 68889 (for example NUTS NE344NB) Text NUTS followed by your postcode to 68889 and get in on the action! Hook up via your mobile *Text SWAP anytime to swap to a different hot woman* 25p per message sent in. £1.50 per received text.	Kat, London. 18 years old!  Get my hot pix...text KAT to 68889	Ami, 20 GLOUCS.  Get my hot pix...and HOT videos...text AMI to 68889
Liz, 20s Hants/UK  Get my hot pix AND HOT VIDEOS...text LIZ to 68889	Nat (19) MIDLANDS/UK  Text me anytime & Get my pix...and HOT VIDEOS xxx NAT to 68889	Janie, SOUTH (41)  Get my hot pix...text JANIE to 68889	Tara, UK 47  Get my pix... TARA47 to 68889	ESSEX (34)  Get my pix... DI to 68889	18, SCOT.  Get my pix... JEWEL to 68889	Kitty, 18 Lancs.  Get my pix... KITTY to 68889
Mell, Belfast NI (18)  Single and fun loving Looking to hook up soon! Get my hot pix...text MELL to 68889	Beth, North East (38)  Lets have some fun Get my hot pix...text BETH38 to 68889	Rita, Wales/UK (45)  Easy going, fun loving, ask me for my really hot pics! Get my hot pix...text RITA45 to 68889	Saucy, 34 Kent/Sussex  Get my hot pix...text SAUCY to 68889	Lily, UK (40)  Wants to hear from a younger guy. Text me anytime - 24/7 guys! Get my hot pix...and VERY HOT VIDEOS! text LILY to 68889	Lee, 20 Leeds  Get my hot pix...and VIDEOS text LEE to 68889	Ker, Kent/London  Get my hot pix...and VIDEOS text KER to 68889
Daze, anywhere UK  Get my hot pix...and HOT VIDEOS...text DAZE to 68889	Lib NORTH WEST (21)  Get my hot pix...and HOT VIDEOS too text LIB to 68889	Nici, LANCS 38 and HOT!  Get my hot pix...text NICI to 68889	Leah, London/UK (19)  Get my hot pix...and HOT VIDEOS too text LEAH to 68889	Tani South West/UK (43)  Get my hot pix...text TANI to 68889	As Seen on TV HOOK UP NOW - VIA YOUR MOBILE	ANNE, 40s YORKS  Get my hot pix...and VIDEOS text ANNE to 68889
July, UK (40)  Hot single woman (40) wants to be contacted by guys 18-35 for fun easy times. Get my hot pix...and HOT VIDEOS Text JULE to 68889	Carly, 18 UK  Get my hot pix...and HOT VIDEOS text CARLY to 68889	Kyli 20, SUSSEX  Get my hot pix and VIDEOS...text KYLI to 68889	Beverly Mids/UK (30s)  Saucy older woman wants to hear from younger guy 18+. Easy going, Fun loving kind single woman 35 - hopes age doesnt put you off! Get my hot pix...and hot videos text BEVERLY to 68889	UK ANYWHERE  Lets hook up Get my hot pix...text HWILKIE to 68889	Naughty, South West  Hot fun girl looking for flirts! Get my hot pix...and hot vids text NAUGHTY to 68889	Amb UK  Get my hot pix...AND VIDEOS text AMB to 68889

Strictly 18+. 25p for all sms text messages sent to 68889 & £1.50 per received sms text from 68889 (maximum 4 billed messages per reply) Photos/videos sent in/received charged at 2 billed messages at £1.50 each (£3 in total). You must check your mobile is able to send/receive videos or photos. Contact your network for possible network charges. Real people replying NOT a computer. You may receive some automated messages for billing purposes. Some free messages may be sent to users. You need a wap enabled phone to be able to receive photos and videos. Text chat & photos only. You must be the bill payer or have the bill payer's permission. Messages received may appear on your bill. No meeting made or implied. Photos are for display purposes and not to be reproduced. For fantasy entertainment only, areas/details to aid this. Virtual service Terms and conditions @ www.ukeasyaction.com. please read the full virtual terms and conditions fully. B Media 331, 77 Beak Street, Soho, London W1F 6DB. Help? 0845838647 To swap to a different persona text SWAP to 68889 at anytime. Please ensure you have credit in your phone if you are a PAYG user. We reserve the right to bar users if they are under 18. 18+ SERVICE only. To stop the service text STOP to 68889 at any time.

Messages sent in 25p. Messages received only £1.50. Maximum 4 messages per reply.

TO SWAP TO A DIFFERENT PERSONA TEXT SWAP TO 68889 AT ANYTIME.

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MATURE LADIES

Hot mature Ladies know how to get sexy with you! They're always willing to please new callers xxx

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SWEET 18'S +

So very adventurous & fit bodies wanting men of all ages for adventure, fun and thrills xxx xxx xxx xxx

0908 145 2545



45p PER MINUTE SEXY GIRLS

Ask what you really want and we will do everything you like. You'll come back for more! xxx

0908 145 0576



SEXY & MATURE OPEN ALL HOURS

Experienced Ladies - do you need it hard & fast? Well just call these tasty oldies - best get off in the UK!

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40+ YEAR OLD SHARON

Ladies at home that are mature in so many special ways. Chat now to mature women xxx

0909 897 9416



45p PER MINUTE GIRLFRIENDS JUST FOR YOU

Sexy babes at home desperate to be your girlfriend & to please you in everyway possible.

0908 145 0581



MATURE WOMAN CRAVES ATTENTION

We just know how to get you off as fast as you want. Superfast, mind-blowing satisfaction from very experienced fit ladies xxx

0909 897 0888



45p PER MINUTE GIRLS AT HOME

Live flirty chat Single girls who do all the work. Total pure sexy 1on1 xxx

0908 145 0580



ON THE PULL

The baddest girls in town who just adore horny guys looking for a quick fix and some adult relief at anytime xxx xxx

0908 145 0575



GORGEOUS SINGLES

Casual singles seriously up for it with as many guys as you can believe. 30 secs to serious heaven when you just need to get off

0909 897 9412



SUPERFAST RELIEF!

For a super fast sexy relief that is mind blowing, just give us a call. Girls giving live sexy 121!

0909 897 9442



JUST 18+

18+ hot, alone & ready to excite! Really naughty girls behaving badly live just for your pleasure. Call now talk to girls live xxx

0909 897 2038



45p PER MINUTE FAST RELIEF

Get ready to enjoy yourself. Cheap get off with lovely sexy girls desperate to relieve you and their own urges xxx

0908 145 0579



45p PER MINUTE COLLEGE GIRLS 18+

Looking for horny guys to fill their recreation time! Eager and willing to please, all guys needed urgently for the ultimate get off today x

0908 145 0582



45p PER MINUTE I'LL BLOW YOUR MIND

Fun thrills that'll blow your mind! If you want it live call now for the ultimate relief xxx

0908 145 2543



VERY BROAD MINDED

Live sexy girls over 18 who do not mess around and get straight down to action! serious xxx

0909 897 9333



45p PER MINUTE HAVE FUN & RELAX

Up close and personal - lovely girls at home just eager to go live with you 1 on 1 x

0908 145 2542



BEAUTIFUL LADIES

Lovely larger ladies who just want to give pleasure. 100% private and offering a real sexy adult time

0909 897 9405



HUNGRY HOUSEWIVES

Just hungry for a wicked time. These gorgeous ladies just looking for an erotic time. 100% totally sexy stimulation xxx

0909 897 9447



45p PER MINUTE SEXY GIRLS AT HOME

Beautiful funny intelligent sexy girls with lots of energy that needs to be used now x

0908 145 2544



VERY HOT LADIES

Girls that are at home that want any guys any age to totally satisfy. Horny sexy 121 x

0909 897 0612



45p PER MINUTE DIVORCED & SEXY

Very bad women who will do all you ask anytime. Various horny partners needed urgently xxx

0908 145 0577



45p PER MINUTE HOT & SEXY

When you just cannot wait and need a real fast quickie session. Call now for relief

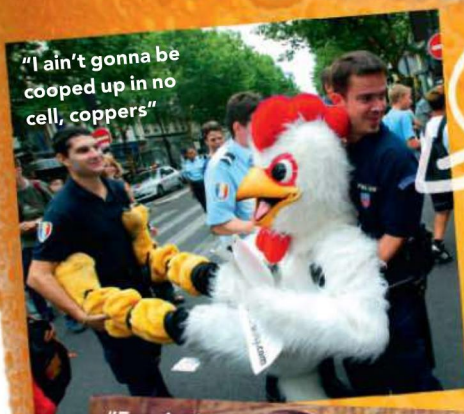
0908 145 0578

SEXY TEXT WITH LOCAL GIRLS - JUST TEXT 'EASY' TO 69469 FOR CASUAL SEXY DATING VISIT www.DATES-4U.co.uk

0908 145 Calls cost 45p per minute + network extras. 0909 897 Calls cost 60p per minute + network extras. Calls recorded. SMS cost £1.50 each to receive + standard network charges apply. To stop just text 'STOP' to 69469. Mobile users may receive free promotional messages. Callers must be 18+ only to use this service. LiveLines Ltd PO6538 NN2 7YN. Helpline 0844 671 4457.

Nuts PUB AMMO

A hogshead of mead and a packet of freshly salted facts, please, barman!



"I ain't gonna be cooped up in no cell, coppers"

Pamela Anderson, the Dalai Lama and Sir Paul McCartney have all announced public boycotts of Kentucky Fried Chicken.

Hummingbirds survive on a food intake of just five calories a day.

Hydrogen sulphide, which causes the unpleasant smell of human farts, also lowers high blood pressure, which means smelly wind is good for you.



"Ever had a girlfriend, son?"

In 1988, Steve Coogan did guest vocals on the acid house track, *Don't Believe The Hype* by Mista E, performing an impression of Prince Charles

Female squirrel monkeys establish dominance in their social groups according to the size and prominence of their clitoris.

Meerkats have nearly 50 different alarm calls for specific types of dangers.

During the summer, the grizzly bears of Yellowstone National Park, USA, eat around 40,000 moths a day.



He was the school's most popular teacher

The late Pope John Paul II, Nelson Mandela and Everton goalkeeper Tim Howard have all been made honorary members of the Harlem Globetrotters basketball team

The first fully movable feathers on a bird's wing are also known as "the bastard wing".

The Pot Noodle factory in Crumlin, Wales, produces 155 million portions of the snack every year.

Marmite was originally sold in earthenware pots.



"The secret to big, beautiful boobs?"

PUB AMMO ON... BREAKFAST

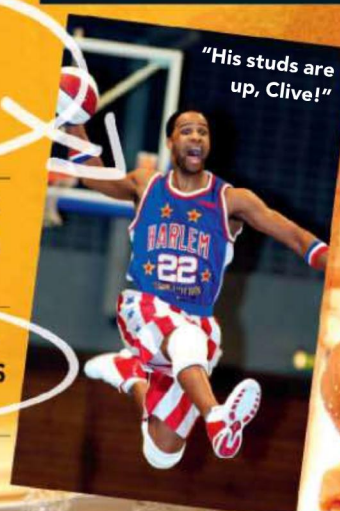


"What's on the menu after this?"
"Fix Bristol..."

- Europeans didn't eat breakfast in medieval times – they would eat just a heavy lunch at noon, and a light supper at night.
- The traditional full Welsh breakfast is like a full English but with a side order of cockles.
- The process of toast turning

brown is called the "Maillard reaction".

- It's possible to scramble eggs using the steam pipe on an espresso machine.
- National Farmhouse Breakfast Week runs all this week. Visit shakeupyourwakeup.com for more info.



"His studs are up, Clive!"



for info & dealers visit:
www.scruffs.com

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Trade Hoodie
£24.95 ex. VAT

TROUSERS:
Pro Trousers
£37.95 ex. VAT

FOOTWEAR:
Twister Pro
£59.95 VAT FREE

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HARDWEAR
IT'S GONNA GET DIRTY

"The podium"
Jenson Button



Whatever's on Jenson's mind, with the world's number one anti-dandruff shampoo* it's not dandruff.

